

# SYNOPSIS OF THE THEME: ALL ABOUT ME

## General Awareness

- ❖ About Myself — Name, Age, Where Do I Live?, My Likes and Dislikes, My Height and Weight, How am I Feeling Today?
- ❖ Introduction to Professions – What I Want to be When I Grow Up?
- ❖ Recapitulation - My Family Members - Mother, Father, Sister, Brother, Grandparents
- ❖ Joint Family Members - Uncle, Aunt, Cousins
- ❖ My Class Friends
- ❖ My School and Teachers
- ❖ My Classroom Rules
- ❖ My Community
- ❖ Places in My Community
- ❖ Map of the Community

## Language and Literacy

- ❖ Introduction of:
  - Letters Aa to Zz
  - Writing Letters Aa to Zz
  - Vowels - A, E, I, O, U (Long and Short)
  - Sight Words: I, a, is, am, it, to, or, an, do, so, at, be, if, go, by
  - Communication – Me and My Friends
  - Letters of the Alphabet Game
  - Journal

## Visual Art

- ❖ Back to School
- ❖ My Height Flower
- ❖ Family Photo Craft
- ❖ My Bookmark
- ❖ Magic Painting Card
- ❖ All About Me

## Stories

- ❖ The Ugly Duckling
- ❖ वफादार नेवला

## Yoga

- ❖ Sit and Stretch
- ❖ Kneel and Stretch

## Dance and Movement

- ❖ Freeze Dance

## Drama

- ❖ Puppet Show—The Ugly Duckling

## Outdoors/Indoors

- ❖ Indoor Games
- ❖ Sensory Play
- ❖ Shadow Play



## Mathematics

- ❖ Introduction of:
  - Numbers: 1 to 50 with their concept value
  - Number Game
  - Writing Numbers — 1 to 50
  - Oral: Rote Counting (1 to 50)
  - Seriation
  - Patterning
  - Missing Numbers
  - Number Order
  - Greater than, Lesser than and Equal to
  - Before, After and In-between

## Warm Up

- ❖ Head Exercises  
(Up and Down, Side to Side, Rotations)
- ❖ Arm Exercises  
(Up and Down, Front and Side, Clockwise rotation, Anticlockwise rotation)
- ❖ Leg Exercises  
(Raise Sideways, Leg Curl, High Knees)
- ❖ Whole Body Exercises  
(Bend and Touch the Toes, Side Bend, twist and Turn, Hands on Knees)
- ❖ Breathing and Meditation

## हिंदी

- ❖ स्वर 'अ', 'आ', 'इ', 'ई', 'उ', 'ऊ', 'ए', 'ऐ', 'ओ', 'औ', 'अं', 'अः', 'ऋ' - ध्वनि की पहचान, वर्णमाला की पहचान व लेखन
- ❖ गिनती १ से १० तक

## Music

- ❖ Follow the Rhythm

## Values

- ❖ Friendship

## Suggested Field Trips

- ❖ Super market
- ❖ Park
- ❖ Mall

## Sensory and Motor Development

- ❖ Sensory Play: Sand Writing-Letters and Numbers

## Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ Thank You God
- ❖ Wind the Bobbin Up
- ❖ Did You Ever See a Lassie?
- ❖ To The Market
- ❖ मेरा परिवार



# SYNOPSIS OF THE THEME: MY BODY INSIDE OUT

## General Awareness

- ❖ Recapitulation - Parts of the Body - face, head, eyes, nose, ears, hair, mouth, tongue, teeth, cheek, chin, forehead, eyebrows, eyelashes, lips
- ❖ Recapitulation - Parts of the Body - arms (hands, fingers, thumb, nails, wrist, elbow), body (shoulders, neck, chest, waist), legs (feet, toes, knees, thighs, ankle, heel) and back
- ❖ Different Parts of the Body and their Functions
- ❖ Introduction to Safe Touch and Unsafe Touch
- ❖ Introduction to Skeleton - Bones and Muscles
- ❖ Introduction to Heart and Lungs
- ❖ Functions of Heart and Lungs
- ❖ Introduction to Stomach, Introduction to Digestive System and its Function
- ❖ Importance of Chewing and Swallowing Food

## Language and Literacy

- ❖ Introduction of:
  - 'a' Family Word: 'am, ag, ad, ab' - beginning, middle and ending sound
  - 'e' Family Word: 'ed, en' - beginning, middle and end sound
- ❖ Sight Words: up, in, of, the, he, me, we, my, you, she, his, her, and, are, all, but
- ❖ Communication: Keeping My Body Healthy



## Outdoors/Indoors

- ❖ Partner Race
- ❖ Free Outdoor Play
- ❖ Water Play
- ❖ Rain Game
- ❖ Shadow Play

## Stories

- ❖ Chiku's Body
- ❖ प्यारा अहसास

## Visual Art

- ❖ Body Puzzle
- ❖ Skeleton Fun
- ❖ My Lungs
- ❖ My Digestive System
- ❖ Handy Tree

## Yoga

- ❖ Partner Stretch
- ❖ Partner See-saw
- ❖ Breathing and Meditation

## Drama

- ❖ Puppet Show— Chiku's Body

## Dance and Movement

- ❖ Circle Dance
- ❖ Parachute Play

## Mathematics

- ❖ Introduction of:
  - Numbers 51 to 90 with their Concept Value
  - Number Counting
  - Writing numbers 51 to 90
  - Introduction of Number Names: One, Two, Three, Four
  - Writing Number Names: One, Two, Three, Four
  - Recapitulation of Colours: Blue, red, green, yellow, black, white, orange, brown, maroon, magenta, violet, royal blue
  - Recapitulation of Shapes: Circle, square, rectangle, triangle, heart, pentagon, hexagon, diamond
- Oral: Rote Counting (51 – 90)
- Number Ordering
- Missing Numbers

## Warm Up

- ❖ Walking - Forward (slow and fast), backward (slow and fast), tiptoes (forward and backward)
- ❖ Running - Spot jogging, Running forward, backward, Running clockwise and anticlockwise
- ❖ Jumping - Jumping jacks, in and out of a circle, over the rope
- ❖ Standing knee raise, spot marching, star jumping, walking over shapes

## हिंदी

- ❖ व्यंजन की पहचान - 'क', 'ख', 'ग', 'घ', 'ङ', 'च', 'छ', 'ज', 'झ', 'ञ', 'ट', 'ठ', 'ड', 'ढ', 'ण', 'त', 'थ', 'द', 'ध', 'न' - ध्वनि की पहचान, वर्णमाला की पहचान व लेखन
- ❖ गिनती १ से १० की पहचान और लेखन
- ❖ Concept — आकार-वृत्त, त्रिकोण, वर्ग की पहचान और पुनर्कथन

## Music

- ❖ Rain Game

## Digital Readiness

- ❖ Introduction to Technology

## Suggested Field Trips

- ❖ Doctor's Clinic
- ❖ Science Lab

## Sensory and Motor Development

- ❖ Mixing Colours
- ❖ Playdough - Making Bones

## Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ Thank You God
- ❖ This Old Man
- ❖ Miss Polly Had a Dolly
- ❖ Dancing Me
- ❖ गोल-गोल



# SYNOPSIS OF THE THEME: ANIMAL WORLD

## General Awareness

- ❖ Recapitulation of Pet Animals - Cat, Dog, Rabbit, Parrot
- ❖ Recapitulation of Farm Animals - Horse, Cow, Sheep, Goat, Pig
- ❖ Recapitulation of Wild Animals - Tiger, Lion, Elephant, Monkey, Bear, Deer, Fox, Giraffe, Rhinoceros, Hippopotamus, Leopard, Cheetah, Panther, Kangaroo
- ❖ Introduction to Endangered Animals - Tiger, Panda, Gorilla, Orangutan, African Elephant (where they live, what they eat, features and young ones)
- ❖ Introduction to Extinct Animals - Dinosaur (features and where they lived)
- ❖ Introduction to Reptiles - Snake, Alligator, Turtle, Iguana (where they live, and what they eat)
- ❖ Life Cycle of a Butterfly

## Language and Literacy

- ❖ Introduction to:
  - 'e' Family Words: 'eg', 'en', and 'ed' - beginning, middle and ending sound
  - 'i' Family Words: 'it', 'id', 'ig' and 'im' - beginning, middle and ending sound
- ❖ Sight Words: can, did, not, for, was, too, now, saw, say, our, him, mine, this, that, they, them
- ❖ Communication: Save Our Tigers

## Outdoors/Indoors

- ❖ Sand Play
- ❖ Shadow Play

## Stories

- ❖ Three Little Pigs
- ❖ शेर और चूहा

## Yoga

- ❖ Diamond Pose
- ❖ Elevator Pose

## Visual Art

- ❖ Giraffe Hand Puppet
- ❖ Paper Plate Panda
- ❖ Dino Mask
- ❖ Build a Dinosaur
- ❖ Colourful Turtle
- ❖ Animal Fun

## Drama

- ❖ Puppet Show— Three Little Pigs

## Dance and Movement

- ❖ Dance: Roll and Clap



### Mathematics

- ❖ Recapitulation of Numbers: 1 to 90 and their Concept Value
- ❖ Writing Numbers 91 to 100
- ❖ Introduction of Number Names: Five, Six, Seven, Eight
- ❖ Writing Number Names: Five, Six, Seven, Eight
- ❖ Introduction of Colours: Pink
- ❖ Introduction of Shapes: Sphere
- ❖ Introduction of Place Value: Ones, Tens and Hundreds
- ❖ Comparison of Shapes

### Warm Up

- ❖ Animal Walk - Rabbit hop, bear walk, monkey walk, tiger crawl, kangaroo leap, giraffe stretch, elephant stomp, dino stomp, butterfly flutter, crab walk, snake slither, caterpillar crawl, crocodile chomp, frog leap)
- ❖ Breathing and Meditation

### हिंदी

- ❖ व्यंजन की पहचान - 'प', 'फ', 'ब', 'भ', 'य', 'र', 'ल', 'व', 'श', 'ष', 'स', 'ह', 'क्ष', 'ढ', 'ड' - ध्वनि की पहचान, वर्णमाला की पहचान व लेखन
- ❖ Concept - ११ से २० अंको तक की पहचान और लेखन

### Suggested Field Trips

- ❖ Farm
- ❖ Pet Shop
- ❖ Zoo
- ❖ Pet Clinic
- ❖ Museum

### Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ Thank You God
- ❖ Three Little Kittens
- ❖ My Puppy
- ❖ Five Little Speckled Frogs
- ❖ कौन है राजा?

### Sensory and Motor Development

- ❖ Mixing Colours
- ❖ Sensory Play - Free Play with Sand



# SYNOPSIS OF THE THEME: UNDER THE SEA, UP IN THE SKY

## General Awareness

- ❖ Introduction to Fishes – clown fish, sword fish, eel, starfish, octopus, jellyfish, stingray fish
- ❖ Parts of a Fish
- ❖ How do Fishes Swim and Breathe Underwater?
- ❖ Introduction to Marine Animals- turtle, crab, lobster, oyster
- ❖ Introduction to Mammals - blue whale, shark, seal, dolphin, sea otter, walrus
- ❖ Life Underwater - seaweeds, seagrass, coral reefs
- ❖ Introduction to Birds - sparrow, crow, parrot, pigeon, peacock, eagle, owl, rooster, hen, duck
- ❖ Life Cycle of a Chicken
- ❖ Introduction to Exotic Birds - toucan, macaw, woodpecker, stork, flamingo, kingfisher
- ❖ Introductions to Flightless Birds - emu, ostrich, penguin

## Language and Literacy

- ❖ Recapitulation of 'i' and 'e' Family Words
- ❖ Introduction of 'o' Family Words - 'ot', 'ob', 'og' and 'op' - Beginning, Middle and Ending Sound
- ❖ Sight Words: who, what, where, when, will, with, want, well, why, were, your, then, soon, went, said, went, make
- ❖ Communication: Different Sizes of Marine Animals

## Outdoors/Indoors

- ❖ Balloon Relay Race
- ❖ Free Outdoor Play
- ❖ Water Play
- ❖ Who is Flying?

## Visual Art

- ❖ Wiggly Fish
- ❖ Shark Buddy
- ❖ Curious Owl
- ❖ Penguin Love
- ❖ Blow Painting
- ❖ Underwater Fun

## Stories

- ❖ The Ant and The Dove
- ❖ लालची कबूतर

## Yoga

- ❖ Mermaid Pose
- ❖ Star Pose

## Drama

- ❖ Puppet Show— The Ant and the Dove

## Dance and Movement

- ❖ Chicken Dance



### Mathematics

- ❖ Recapitulation of Numbers: 1-100
- ❖ Introduction of Number Names: Nine Ten, Eleven, Twelve
- ❖ Association of Numbers with their Number Names
- ❖ Introduction to Skip Counting by 2's
- ❖ Introduction of Colour - Vermilion
- ❖ Introduction of Shape: Cube
- ❖ Missing Numbers
- ❖ Arranging Numbers in Ascending and Descending Order

### Warm Up

- ❖ Stretches - Hand stretch (Up, front, back), sitting hand stretch (above, front, back, side), calf stretch
- ❖ Arms Rotation - Clockwise and Anticlockwise
- ❖ Arm Stretch - up, down, front, back, sideways
- ❖ Squats - feet apart, feet together
- ❖ Lunges - right leg forward, left leg forward
- ❖ Leg Exercise - side raise, front raise, back curl
- ❖ Breathing and Meditation

### हिंदी

- ❖ शब्द रचना - बिना मात्रा के दो अक्षर वाले शब्द और उनका लेखन
- ❖ दो अक्षर वाले शब्द के वाक्य

### Suggested Field Trips

- ❖ Aquarium
- ❖ Pet Shop

### Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ ABC Song
- ❖ Thank You God
- ❖ Little Robin Redbreast
- ❖ In the Sea
- ❖ Little Shark
- ❖ ओ पंछी

### Sensory and Motor Development

- ❖ Play Dough - Making Fishes



# SYNOPSIS OF THE THEME: PLANTS AROUND US

## General Awareness

- ❖ Introduction to Life Cycle of a Plant
- ❖ Needs of a Plant - soil, sun, water and air
- ❖ Introduction to Parts of a Plant - roots, stem, leaves, flowers and fruits
- ❖ Root and Stems We Eat - asparagus, carrot, radish, beetroot and celery
- ❖ Leaves We Eat - spinach, cabbage, coriander and lettuce
- ❖ Fruits and Vegetables We Eat
- ❖ Introduction to Trees
- ❖ Types of Plants - creepers, climbers, herbs and shrubs
- ❖ Introduction to Flowers - rose, lotus, sunflower, marigold, tulips, daisy, lily, orchids, daffodils, carnations, hibiscus and jasmine

## Language and Literacy

- ❖ Introduction of 'u' Family Words: 'ut', 'un', 'um', 'ud'- beginning, middle and ending sounds
- ❖ Introduction of Consonant Blends - 'fl', 'bl' and 'sl'
- ❖ Sight Words: have, into, must, like, know, just, from, once, some, take, give, very, many, goes, does, upon
- ❖ Communication: How Do Plants Help Us?

## Outdoors/Indoors

- ❖ Free Outdoor Play
- ❖ Listen to the Beat
- ❖ Ball Game
- ❖ Relay Race

## Stories

- ❖ Nidhi and the Talking Seeds
- ❖ गौरी का बगीचा

## Yoga

- ❖ Ragdoll Pose
- ❖ Zero Pose

## Visual Art

- ❖ Parts of My Plant
- ❖ 3D Fruits and Vegetables
- ❖ Vegetable Heroes
- ❖ My Pretty Flowers

## Drama

- ❖ Puppet Show— Nidhi and the Talking Seeds

## Dance and Movement

- ❖ Ribbon Dance



## Mathematics

- ❖ Patterning
- ❖ Introduction of Number Names: thirteen, fourteen, fifteen, sixteen, seventeen and eighteen
- ❖ Writing Number Names - thirteen, fourteen, fifteen, sixteen, seventeen and eighteen
- ❖ Introduction of Colour - Amber
- ❖ Introduction of Shape - Cuboid
- ❖ Recapitulation 2D and 3D Shapes
- ❖ Introduction to Skip Counting by 5's
- ❖ Greater Than and Lesser Than Numbers

## Warm Up

- ❖ Balance - On right foot, left foot and Toes
- ❖ Balance - Left hand and right leg raise, right hand and left leg raise, both legs, raise both hands, right leg raise, left leg raise, both leg raise, on stomach, on back, hip lift

## हिंदी

- ❖ शब्द रचना - बिना मात्रा के दो अक्षर वाले शब्द के वाक्यों का लेखन
- ❖ शब्द रचना - बिना मात्रा के तीन अक्षर वाले शब्द और उनका लेखन

## Suggested Field Trips

- ❖ Garden
- ❖ Park
- ❖ Florist
- ❖ Plant Nursery
- ❖ Fruit/Vegetable Vendor

## Sensory and Motor Development

- ❖ Leaf Printing
- ❖ Sand Play

## Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ ABC Song
- ❖ Thank You God
- ❖ Jack the Seed
- ❖ Green Grass Grows All Around
- ❖ If I Become a Flower
- ❖ सब्जीवाला



# SYNOPSIS OF THE THEME: NATURAL HABITAT

## General Awareness

- ❖ Introduction to Forest and Jungle
- ❖ Things We See in a Forest and Jungle
- ❖ Introduction to Types of Water Bodies - Rivers, Oceans, Seas, Ponds and Lakes
- ❖ Introduction to Water Cycle
- ❖ Introduction to Desert
- ❖ Animals in the Desert and their Characteristics
- ❖ Plants in Desert and their Characteristics
- ❖ Introduction to Mountains and Volcanoes

## Language and Literacy

- ❖ Introduction of Consonant Blends -'gl', 'pl', 'cl', 'tr', 'gr', 'dr' and 'cr'
- ❖ Sight Words: come, away, find, here, look, good, made, came, help, been, both, best, there, their, these, those
- ❖ Communication: Keeping Water Bodies Clean

## Outdoors/Indoors

- ❖ Free Outdoor Play
- ❖ Number Name Hopscotch
- ❖ Water Play
- ❖ Newspaper Race

## Stories

- ❖ Strongest of All
- ❖ रेगिस्तान की सफारी

## Visual Art

- ❖ Animal Boxes
- ❖ Rain Cloud
- ❖ Cool Camel
- ❖ Funny Cup Animals
- ❖ Ship of the Desert

## Yoga

- ❖ Cat Pose
- ❖ Kite Pose

## Drama

- ❖ Puppet Show - Strongest of All

## Dance and Movement

- ❖ Tap Dance



## Mathematics

- ❖ Introduction of Number Names: Nineteen and Twenty
- ❖ Numbers Names- Thirty, Forty, Fifty, Sixty, Seventy, Eighty, Ninety and Hundred
- ❖ Introduction of Colour - Teal
- ❖ Introduction of Shape - Cone
- ❖ Comparison of 3D Shapes - Sphere, Cube and Cuboid
- ❖ Introduction to Ordinal Numbers
- ❖ Recapitulation of Skip Counting by 10s
- ❖ Recapitulation of Ones, Tens and Hundreds

## Warm Up

- ❖ Rotation - Ankles, Knees, Feet
- ❖ Crawling
- ❖ Elbow Join
- ❖ Galloping
- ❖ Hopping
- ❖ Crawling on All Fours
- ❖ Jumping Over Shapes
- ❖ Knee Raise
- ❖ Star Jump
- ❖ Scissors Jump
- ❖ Legs Exercise
- ❖ Breathing and Meditation



## हिंदी

- ❖ दो और तीन अक्षर वाले शब्द के वाक्य की पहचान
- ❖ तीन अक्षर वाले शब्द के वाक्य की पहचान और लेखन
- ❖ 'अ' और 'आ' की मात्रा की पहचान, लेखन और बाराखड़ी का पठन
- ❖ 'इ' की मात्रा की पहचान और लेखन

## Suggested Field Trips

- ❖ Beach
- ❖ Lake

## Sensory and Motor Development

- ❖ Making Mountains - Sand Play

## Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ ABC Song
- ❖ Thank You God
- ❖ My Bonnie Lies Over the Ocean
- ❖ Ship of the Desert
- ❖ Boats Sail on the Rivers
- ❖ हमारा जंगल

# SYNOPSIS OF THE THEME: WHEELS IN MOTION

## General Awareness

- ❖ Recapitulation of Road Transport, Air Transport and Water Transport
- ❖ Recapitulation of Rail Transport
- ❖ Introduction to People and Transport - driver, conductor, engine driver, motor man, mechanic, captain, sailor, pilot and air hostess
- ❖ Introduction to Transport-Related Places - garage, railway station, metro station, bus depot, dockyard, light house, airport, hanger and helipad
- ❖ How Do Airplanes Fly?
- ❖ How Do Wheels Move?
- ❖ Different Size and Types of Wheels

## Language and Literacy

- ❖ Introduction to Consonant Blends - 'br', 'fr', 'st', 'sp' and 'sm'
- ❖ Introduction to Consonant Digraphs - 'wh' and 'ch'
- ❖ New Words: which, would, should, could, every, after, again, going, can't, won't, don't, didn't, might, shall, bring, think
- ❖ Communication: Road Safety Rules



## Outdoors/Indoors

- ❖ Free Outdoor Play
- ❖ Tens and Ones Game
- ❖ Bounce the Ball
- ❖ Water Play
- ❖ Making Fruit Salad

## Stories

- ❖ Shubh's Trip in a Train
- ❖ जादुईं जहाज़

## Drama

- ❖ Puppet Show - Shubh's Trip in a Train

## Visual Art

- ❖ Crazy Bicycle
- ❖ Rocking Ship
- ❖ Hot Air Balloon Fun
- ❖ Fun with Train

## Yoga

- ❖ Huddle Pose
- ❖ Double Dancer Pose

## Dance and Movement

- ❖ Disco Dance

### Mathematics

- ❖ Introduction to Single Digit Addition
- ❖ Introduction to Single Digit Subtraction
- ❖ Introduction to Colour - Cyan
- ❖ Introduction to Shape - Cylinder
- ❖ Introduction to Fractions (Whole and Half)

### Warm Up

- ❖ Hopping - forward, backward, sideways, on one leg, toe hopping
- ❖ Jumping Jacks
- ❖ Leaping
- ❖ Leg Scissors
- ❖ Jumping - frog jump, star jump, side jump
- ❖ Spot Jogging
- ❖ Breathing and Meditation

### हिंदी

- ❖ स्वर की मात्रा - बाराखड़ी का पठन
- ❖ 'ई', 'उ', 'ऊ' की मात्रा की पहचान, लेखन और बाराखड़ी का पठन
- ❖ 'ए' की मात्रा की पहचान



### Suggested Field Trips

- ❖ Bus Depot
- ❖ Garage
- ❖ Light House
- ❖ Helipad/Airport
- ❖ Railway Station

### Sensory and Motor Development

- ❖ Play Dough Wheels

### Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ ABC Song
- ❖ Thank You God
- ❖ I Want To Be
- ❖ Little Paper Boat
- ❖ छुक छुक रेल
- ❖ मेरी गाड़ी

# SYNOPSIS OF THE THEME: IN AND AROUND INDIA

## General Awareness

- ❖ Introduction to Continents - Asia, Africa, Australia, Europe, North America, South America and Antarctica
- ❖ Introduction to Animals Living in the Polar Region

## Language and Literacy

- ❖ Introduction of Consonant Digraphs - sh, th
- ❖ Introduction of Vowel Digraphs - ai, aw, ay, ei, ee, ey
- ❖ Sight Words: please, thankful, sorry, carefully, before, always, around, about, better, pretty, since, never, myself, himself, herself and time
- ❖ Communication: Travelling the World

## Outdoors/Indoors

- ❖ Free Outdoor Play
- ❖ Four Corners Game
- ❖ Water Play
- ❖ Making a Pyramid

## Stories

- ❖ Igloo Fun
- ❖ अरूण और जादुई ग्लोब

## Drama

- ❖ Puppet Show - Igloo Fun

## Dance and Movement

- ❖ Garba Performance

## Visual Art

- ❖ Chinese Dragon Puppet
- ❖ African Spin Drum
- ❖ My Tribal Mask
- ❖ My Teepee Tent
- ❖ Inuit and Igloo Craft

## Yoga

- ❖ Double Boat Pose
- ❖ Partner Eagle Pose

## Value

- ❖ We should be happy with what we have



### Mathematics

- ❖ Comparison of Objects - tall, short, long; more or less; full, half, empty; heavy or light; far or near
- ❖ Introduction to Measurement - length, height, volume, weight and distance
- ❖ Introduction to Measuring Tools - hand span, foot span, measuring tape, measuring cups and weighing scale

### Warm Up

- ❖ Jumping in and out of the Hula Hoop
- ❖ Crawling through the Hula Hoop
- ❖ Passing the Hula Hoop from Head to Toe
- ❖ Walking in Hula Hoops - Forward, backward and sideways
- ❖ Hopping over Hula Hoops
- ❖ Throwing and Catching the Ball
- ❖ Passing the Ball
- ❖ Holding the Ball between the Elbows
- ❖ Kicking the Ball
- ❖ Bouncing the Ball
- ❖ Catching the Ball
- ❖ Throwing the Ball at a Target
- ❖ Breathing and Meditation



### हिंदी

- ❖ ए, ऐ, ओ, औ की मात्रा की पहचान, लेखन और बाराखड़ी का पठन

### Suggested Field Trips

- ❖ Museum
- ❖ Planetarium

### Sensory and Motor Development

- ❖ Ice Play

### Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ ABC Song
- ❖ Thank You God
- ❖ Icy Region
- ❖ This World
- ❖ भारत देश हमारा
- ❖ हर त्यौहार

# SYNOPSIS OF THE THEME: SOLAR SYSTEM

## General Awareness

- ❖ Introduction to the Solar System- Sun, Earth and Moon
- ❖ Types of Planets - Rocky (Mercury, Venus, Mars) and Non-Rocky/Airy (Jupiter, Saturn, Uranus and Neptune)
- ❖ Introduction to the Galaxy
- ❖ Introduction to Rocket and Space Shuttle
- ❖ Introduction to Comet, Meteor, Asteroid and Satellite
- ❖ Introduction to Stars and Constellations
- ❖ All About Astronauts - who they are, what they wear and first man on the moon

## Language and Literacy

- ❖ Introduction to Vowel Digraphs - 'oa', 'oo', 'ow', 'ie' and 'ue'
- ❖ Introduction to Concepts - singular and plural; this and these; that and those
- ❖ Sight Words: among, between, beside, more, because, enough, without, almost, sometimes, thought, around, another, together, different, however, against
- ❖ Communication: Satellite

## Outdoors/Indoors

- ❖ Four Corners Game
- ❖ Arranging Planets
- ❖ Water Play

## Visual Art

- ❖ My Shiny Sun
- ❖ Solar System Mobile
- ❖ Space Shuttle Fun
- ❖ Spacewalk
- ❖ Solar System (Art Book)

## Stories

- ❖ Vivan's Space Trip
- ❖ Vinnie Meets An Alien

## Drama

- ❖ Puppet show — Vivan's Space Trip

## Yoga

- ❖ Partner Crescent Moon Pose
- ❖ Partner Lunge Pose



### Mathematics

- ❖ Comparison — Big and Small
- ❖ Introduction to Measurement — Area
- ❖ Concept — Morning, Afternoon, Evening and Night
- ❖ Introduction to Time — Hours, Minutes and Seconds
- ❖ Introduction to Graphs — Pictorial Graph; Reading Pictorial Graph

### Warm Up

- ❖ Walking on a Marked Line — forward, backward, sideways
- ❖ Walking Between Marked Lines — Walking on Tiptoes, Hopping on Left Foot, Hopping on Right Foot, Hopping on Both Feet
- ❖ Balloon Bounce with — hand, head, knee and leg
- ❖ Walking while Holding Balloon — between legs, in between elbows, under the chin
- ❖ Breathing and Meditation

### हिंदी

- ❖ हिंदी मात्रा अं, अः, अँ, ऋ ( पहचान, लेखन व बाराखड़ी )
- ❖ मात्राओं का अभ्यास

### Suggested field trips

- ❖ Planetarium

### Dance and Movement

- ❖ Robotic Dance

### Sensory and Motor Development

- ❖ Making Vegetable Sandwich
- ❖ Water Play

### Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ ABC Song
- ❖ Thank You God
- ❖ Astronaut
- ❖ My Planet Earth
- ❖ Little Alien
- ❖ Our Solar System



# SYNOPSIS OF THE THEME: LIGHT AND SOUND

## General Awareness

- ❖ Introduction to Light: What is Light?
- ❖ Sources of Light
- ❖ Natural and Artificial Light
- ❖ Importance of Light
- ❖ Transparent and Opaque
- ❖ Shadow
- ❖ Introduction to Sound: What is Sound?
- ❖ Sound Waves - Vibrations
- ❖ Sources of Sound - Living and Non-living Things
- ❖ Different Types of Sounds - Noise and Tune

## Language and Literacy

- ❖ Introduction to Articles: a, an and the
- ❖ Reading and Tracing Sentences
- ❖ Introduction to Sentence Building
- ❖ 3 and 4 - Letter Word Sentences
- ❖ Punctuation - Full Stop (.) and Question Mark (?)
- ❖ Sight Words: first, part, call, right, wash, care, light, hear, pick, grow, full, copy, people, answer, spell and piece
- ❖ Communication: Noise Pollution

## Outdoors/Indoors

- ❖ Shadow Tag Play
- ❖ Jal Tarang
- ❖ Sound Waves Activity
- ❖ Sound Game
- ❖ Noise and Tune Game

## Visual Art

- ❖ Bright Bulb
- ❖ Bonfire Light
- ❖ Ringing Bell
- ❖ Hello! Can you Hear Me?

## Stories

- ❖ The Magic of Sound
- ❖ The Story of Light

## Drama

- ❖ Puppet Show - The Magic of Sound

## Yoga

- ❖ Yoga Recap
- ❖ Sun Salutation



## Mathematics

- ❖ Recapitulation of Addition and Subtraction
- ❖ Addition and Subtraction Word Problems
- ❖ Days of the Week and Months of the Year
- ❖ Difference between Top and Bottom, Nearest and Farthest, Biggest and Smallest, Heaviest and Lightest
- ❖ Making Groups 1-10
- ❖ Sequencing Activity
- ❖ Sorting Activity
- ❖ Number Name Story
- ❖ Time Activity

## Warm Up

- ❖ Sit and Raise a Leg: Left and Right
- ❖ Side Leg Raise: Left and Right
- ❖ Sit and Raise an Arm: Left and Right
- ❖ Planks and Plank Reach
- ❖ Jump and Sit, Hip Raise and Legs Raise
- ❖ Raise and Rotate Legs: Clockwise and Anti-clockwise
- ❖ Squats
- ❖ Flutter Kicks
- ❖ Knees to Elbows
- ❖ Breathing and Meditation

## हिंदी

- ❖ गिनती - एक से बीस
- ❖ यह और वह
- ❖ एक और अनेक
- ❖ वचन - एकवचन और बहुवचन
- ❖ चित्र लेखन
- ❖ दो और तीन अक्षर के शब्दों वाले वाक्य

## Dance and Movement

- ❖ Balloon Dance

## Sensory and Motor Development

- ❖ Sound Game
- ❖ Water Play

## Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ Thank You God
- ❖ Ray of Light
- ❖ Sources of Light
- ❖ Sound Around Us
- ❖ Our Sound

