

SYNOPSIS OF THE THEME: MYSELF

Mathematics

- ❖ Rote Counting 1–10
- ❖ Revision: Numbers 1 to 10: Tracing and writing
- ❖ Introduction of:
 - Numbers: 11 to 20 bundling, Tracing (Air and Tactile) and writing activity on numbers
 - Concepts: Bundling in Tens, opposites
 - Colour: Red
 - Shape: Circle
- ❖ One to One Correspondence 11–20
- ❖ Missing Numbers: 10–20

Stories

- ❖ The Tortoise and the Bird
- ❖ True Friends Love You Anyway

General Awareness

- ❖ About Myself: Age, Class, Gender and Name
- ❖ Parts of the Body: eyes, ears, nose, head, lips, mouth, tongue, arms, teeth, neck, shoulders, chest, hips, knees, elbows, hands, legs, fists, stomach, fingers, feet, toes, forehead, back and thigh
- ❖ Sense Organs: nose, eyes, ears, tongue and skin
- ❖ Health and Hygiene: Weight and Height, Grooming Properly and Personal Safety
- ❖ Healthy Food for My Body
- ❖ Sharing Feelings: Excited, Surprised and Afraid
- ❖ Introduce Friends
- ❖ My Friend
- ❖ Celebrating Birthdays with Friends

Outdoors/Indoors

- ❖ Playing with Counters (1–10)
- ❖ Connecting Eyes
- ❖ Throw Balls in the Bucket
- ❖ Rock-Paper-Scissors
- ❖ Space on My Right

Music

- ❖ Sing Your Favourite Song

Yoga

- ❖ Relaxation Pose
- ❖ Easy Pose



Suggested Field Trips

- ❖ Nearby Garden/Park
- ❖ Children's Theatre

Sensory and Motor Development

- ❖ Make Paper Balls
- ❖ Free Sand Play
- ❖ Free Water Play
- ❖ Pasting Yarn Activity

Language and Literacy

- ❖ Introduction of:
 - Lowercase: 'a'—Phonic Sound, Vocabulary Words, Tracing (Air and Tactile) and Writing
 - New Words: friend, polish, safety, healthy, sick, holiday, height, shorts, hair, comb, shoes, socks, frock, sandals, hug, heel
 - Revision: Patterns: Sleeping line, Standing line, Right slanting line and Left slanting line, Left curve, Right curve, Up curve, Down curve, Uppercase letters A – Z

Visual Art

- ❖ Smiley Band (take away)
- ❖ 5 Sense Puppets (take away)
- ❖ Free-hand scribbling/drawing
- ❖ My Favourite Toy
- ❖ Colouring a Heart
- ❖ Colour the Butterfly
- ❖ Doodle a Character
- ❖ Making a Flowerpot (take away)

Warm Up

- ❖ Walking Straight
- ❖ Walking in a Line
- ❖ Side Walking
- ❖ Bending Down
- ❖ Twisting Sideways
- ❖ Stretching
- ❖ Crawling
- ❖ Hopping on Both Feet
- ❖ Hopping on One Foot
- ❖ Skipping without Rope
- ❖ Bending Sideways
- ❖ Stomping with Both Feet
- ❖ Jumping with Both Feet
- ❖ Bending Down and Touching the Toes
- ❖ Throwing Ahead
- ❖ Throwing Overhead
- ❖ Pushing the Wall
- ❖ Pulling the Toy

Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ ABC Song
- ❖ One Two, Buckle My Shoe
- ❖ Thank You God
- ❖ Two Little Hands
- ❖ Clap Your Hands
- ❖ Head, Shoulders, Knees and Toes
- ❖ Rolly Polly
- ❖ Here We Go Around the Mulberry Bush
- ❖ If You're Happy and You Know it

Dance and Movement

- ❖ Twist and Turn Dance
- ❖ Free Dance

हिंदी

- ❖ स्वर: अ, आ, इ, ई, उ - चित्रण, शब्दावली, ध्वनि की पहचान, वर्णमाला की पहचान व ट्रेसिंग



SYNOPSIS OF THE THEME: MY FAMILY

Mathematics

- ❖ Introduction of:
 - Numerals: 20 to 30 bundling, tracing and writing, one to one correspondence, Hands on
 - Opposite: Long – Short
 - Colour: Green
 - Shape: Semicircle
- ❖ Rote Counting 1-30
- ❖ Missing Numbers (20 to 30)
- ❖ Backward Counting 30–20
- ❖ Matching
- ❖ Sorting
- ❖ Sequencing
- ❖ Patterning
- ❖ Comparing
- ❖ Greater Than, Smaller Than Equal To 1-30

General Awareness

- ❖ Family: Meaning
- ❖ Types of Families: Nuclear and Joint
- ❖ Difference between Nuclear and Joint Family
- ❖ My Parents
- ❖ Helping our Parents
- ❖ My Pets
- ❖ Role of Pets
- ❖ Taking Care of Pets
- ❖ Sharing work in the Family
- ❖ Rooms of My House

Rhymes Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ ABC Song
- ❖ One Two, Buckle My Shoe
- ❖ Thank You God
- ❖ Finger Family
- ❖ Johnny Johnny
- ❖ My Family
- ❖ गोल-गोल
- ❖ चुनू मुनू

Stories

- ❖ Tit for Tat
- ❖ The Man and the Little Cat
- ❖ The Lion and the Talking Den

Digital Readiness

- ❖ How to take a phone call

Values

- ❖ Responsibility: I help my family members

Music

- ❖ Pattern Tapping

Drama

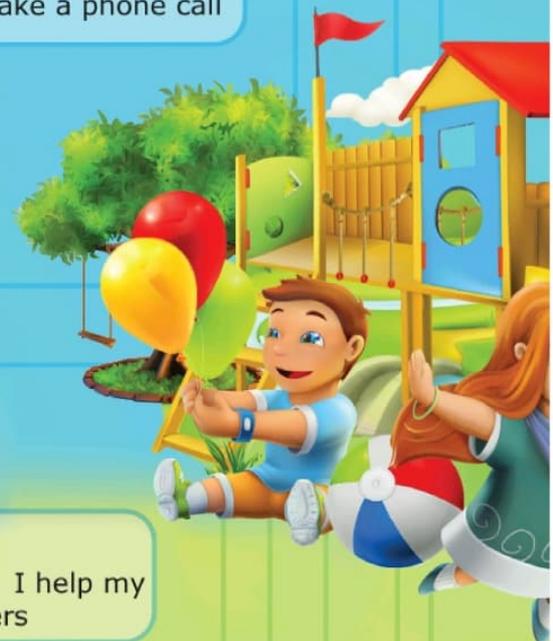
- ❖ Role Play: The Man and the Little Cat

Yoga

- ❖ Cat pose
- ❖ Kite pose

Life Skills

- ❖ Home Management Skills – I help set up the dining table



Suggested Field Trips

- ❖ Metro Station
- ❖ Children's Theatre

Sensory and Motor Development

- ❖ Dabbing My Pet
- ❖ Wet and Dry Sand
- ❖ Making Patterns with Droplets

Language and Literacy

- ❖ Introduction of:
 - Lowercase: 'b', 'c', 'd' — Phonic Sound, Vocabulary Words, Tracing (Air and Tactile) and Writing
 - New Words: furry, glasses, room, siblings, cage, sharing, veranda, vacation, office, collar, kennel, crib, love, newspaper, pillow, stroll
- ❖ Picture Reading- Types of Families: Joint and Nuclear
- ❖ Matching (a, b, c, d)
- ❖ Fill in the Blanks (a, b, c)
- ❖ Oral: A to Z
- ❖ Story: The Man and the Little Cat
- ❖ Communication: About my family

Visual Art

- ❖ My Family Puppets (take away)
- ❖ My Family Tree (take away)
- ❖ Doggy Ears (take away)
- ❖ The House We Live In

Outdoors/Indoors

- ❖ Flipping the Frisbee
- ❖ Throw and Catch Ball

Safe and Unsafe Touch

- ❖ Different between Safe Touch and Unsafe Touch

Dance and Movement

- ❖ Ribbon Dance
- ❖ Bhangra

हिंदी

- ❖ स्वर: उ, ऊ, ए, ऐ, ओ-चित्रण, चित्रित शब्दावली, मौखिक, ध्वनि की पहचान व ट्रेसिंग
- ❖ फल: सेब, आम, केला, संतरा, अंगूर, तरबूज

Warm Up

- ❖ Catching the Ball between Hands and Chest
- ❖ Tilting Neck Sideways
- ❖ Shoulder Popping
- ❖ Galloping
- ❖ Swinging Arms Clockwise and Anticlockwise
- ❖ Catching with Both Hands
- ❖ Jumping with Both Feet
- ❖ Taking Big Steps to Move Forward
- ❖ Taking Small Steps to Move Backward
- ❖ Jumping Forward with Both Feet
- ❖ Taking Small Steps to Move Forward
- ❖ Climbing Up
- ❖ Climbing Down
- ❖ Kicking
- ❖ Balancing on Beam
- ❖ Tiptoeing
- ❖ Rolling Arms Clockwise
- ❖ Rolling Arms Anticlockwise



SYNOPSIS OF THE THEME: AIR AND WATER

Mathematics

- ❖ Introduction of:
 - Numerals: 31–40 Bundling – Concept Value, Tracing (Air, Tactile) and Writing
 - Opposites: Sink and Float
 - Colour: Yellow
 - Shape: Square
- ❖ Rote Counting: 1–40
- ❖ Missing Numbers: 31–40
- ❖ One to One Correspondence
- ❖ Sequencing
- ❖ Patterning
- ❖ Matching
- ❖ Sorting
- ❖ Comparing

Dance and Movement

- ❖ Prop Dance: Newspaper

Values

- ❖ Responsibility – Be Responsible for Good and Bad Actions

Yoga

- ❖ Rainbow Pose
- ❖ Mountain Pose

Drama

- ❖ Role Play: सारस और चालाक लोमड़ी

Visual Art

- ❖ Colourful Swimming Pool
- ❖ Making a Pin Wheel (take away)
- ❖ Making Colourful Patterns with Air
- ❖ Flying Airplanes (take away)
- ❖ Our Polluted Earth (take away)

Outdoors/Indoors

- ❖ Parachute Play

General Awareness

- ❖ Water: Characteristics of Water, Sources of Water, Uses of Water, Water Pollution, Importance of Water and Saving Water
- ❖ Air: Characteristics of Air, Uses of Air, Air Pollution and Importance of Air

हिंदी

- ❖ स्वर: औ का ट्रेसिंग अभ्यास
- ❖ स्वर: अं, अ: ऋ - (चित्रण, शब्दावली, मौखिक, ध्वनी की पहचान, वर्णमाला की पहचान व ट्रेसिंग)
- ❖ व्यंजन: क - (चित्रण, शब्दावली, मौखिक, ध्वनी की पहचान, वर्णमाला की पहचान व ट्रेसिंग)



Music

- ❖ Music with Instrument-Tambourine

Language and Literacy

- ❖ Introduction of:
 - Lowercase: 'e', 'f', 'g', 'h' – Phonic Sound, Vocabulary Words, Tracing (Air, Tactile and Tracing) and Writing
 - New Words: wind, water, river, sailing, wet, dry, bathe, ice, droplet, cold, clean, dirty, brushing, wash, storm, sea
- ❖ Picture Reading on Uses of Water
- ❖ Communication: Uses of Water
- ❖ Fill in the blanks of letters 'd' 'e', 'f', 'g'
- ❖ Matching of letters 'e' 'f', 'g', 'h'

Warm Up

- ❖ Walking Straight
- ❖ Walking in a Line
- ❖ Side Walking
- ❖ Bending Down
- ❖ Twisting Sideways
- ❖ Stretching
- ❖ Crawling
- ❖ Hopping on Both Feet
- ❖ Hopping on One Foot
- ❖ Skipping without Rope
- ❖ Bending Sideways
- ❖ Stomping with Both Feet
- ❖ Jumping with Both Feet
- ❖ Bending Down and Touching the Toes
- ❖ Throwing Ahead
- ❖ Throwing Overhead
- ❖ Pushing the Wall
- ❖ Pulling the Toy

Stories

- ❖ The Singing Donkey
- ❖ The Crane and the Crab
- ❖ सारस और चालाक लोमड़ी

Suggested Field Trips

- ❖ Science Museum
- ❖ Aquarium

Sensory and Motor Development

- ❖ Making Impression Balls with Play Dough
- ❖ Doing Sink and Float Experiment using Water
- ❖ Scooping and Stacking Balls of Sand

Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One, Two, Buckle My Shoe
- ❖ Clean-Up Song
- ❖ Birds in the Sky
- ❖ पानी बरसा छम छम छम
- ❖ मछली जल की रानी है
- ❖ Five Little Ducks
- ❖ Little Bird



SYNOPSIS OF THE THEME: DAY AND NIGHT

Mathematics

- ❖ Introduction of:
 - Numbers: 41 – 50 Bundling – Tracing (Air and Tactile) and Writing Activity on Numbers
 - Concepts: Bundling in Tens
 - Colour: Blue
 - Shape: Oval
- ❖ Rote Counting 1–40
- ❖ Opposite: Sweet and Sour
- ❖ Missing Numbers: 41 – 50
- ❖ One to One Correspondence: 41 – 50
- ❖ Matching Numbers with Objects
- ❖ Greater Than Smaller Than, Equal To
- ❖ Sequencing
- ❖ Comparing
- ❖ Patterning
- ❖ Backward Counting

Suggested Field Trips

- ❖ Museum
- ❖ Planetarium
- ❖ Beaches
- ❖ Park

Digital Readiness

- ❖ Using Cellphone in Social Scenarios

Outdoors/Indoors

- ❖ Parachute Play
- ❖ Simon Says
- ❖ Chinese Whispers

Yoga

- ❖ Star Pose
- ❖ Mermaid Pose

Visual Art

- ❖ Bright Day and Starry Night
- ❖ Door Hangers (take away)
- ❖ Torch Craft (take away)

Values

- ❖ Determination—I always speak up for my actions

General Awareness

- ❖ Day and Night: Its meaning and difference
- ❖ Activities We Do During Day and Night
- ❖ Objects We See During Day and Night
- ❖ Days Are Warm and Nights Are Cooler
- ❖ Shapes of the Moon: Half Moon, Full Moon

Dance and Movement

- ❖ Disco Dance



Music

- ❖ Playing Musical Instruments- Tambourine

Language and Literacy

- ❖ Introduction of:
 - Lowercase: 'i', 'j', 'k', 'l' – Phonic Sound, Vocabulary Words, Tracing (Air and Tactile) and Writing
 - New Words: sleep, , dream, dark, light, star, dusk, dawn, bedtime, shadow, fairy, midnight, blanket, alarm, yawn, moonlight, lullaby
- ❖ Communication: Things we see during day and night
- ❖ Matching letters with objects
- ❖ Picture Reading: Clothes we wear during day and night

Stories

- ❖ The Midas Touch
- ❖ The Elephant and Friends

Warm Up

- ❖ Catching the Ball between Hands and Chest
- ❖ Tilting Neck Sideways
- ❖ Shoulder Popping
- ❖ Galloping
- ❖ Swinging Arms Clockwise and Anticlockwise
- ❖ Catching with Both Hands
- ❖ Jumping with Both Feet
- ❖ Taking Big Steps to Move Forward
- ❖ Taking Small Steps to Move Backward
- ❖ Jumping Forward with Both Feet
- ❖ Taking Small Steps to Move Forward
- ❖ Climbing Up
- ❖ Climbing Down
- ❖ Kicking
- ❖ Balancing on Beam
- ❖ Tiptoeing
- ❖ Rolling Arms Clockwise
- ❖ Rolling Arms Anticlockwise

हिंदी

- ❖ व्यंजन: क - (लेखन)
- ❖ व्यंजन: ख, ग, घ, ङ और च - (चित्रण, शब्दावली, मौखिक, ध्वनी की पहचान, वर्णमाला की पहचान व ट्रेसिंग)
- ❖ सब्जियों की पहचान

Sensory and Motor Development

- ❖ Activity with Sensory Flashcards
- ❖ Make Small Balls Using Kinetic Sand
- ❖ Free Water Play

Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ Clean-Up Song
- ❖ Wee Willie Winkie
- ❖ Twinkle Twinkle Little Star
- ❖ चंदा मामा
- ❖ Star Light

SYNOPSIS OF THE THEME: ANIMALS

Mathematics

- ❖ Introduction of:
 - Shape—Rectangle
 - Colour—Purple and White
 - Opposites—Far and Near, In and Out
- ❖ Playing with Tangrams
- ❖ Rote Counting 1-50
- ❖ Matching
- ❖ Comparing
- ❖ Sorting Activity
- ❖ Backward Counting
- ❖ Sequencing
- ❖ Seriation Activity

हिंदी

- ❖ सब्जियों की पहचान
- ❖ व्यंजन: छ, ज, झ, ञ, ट, ठ - चित्रण शब्दावली मौखिक, ध्वनि की पहचान, वर्णमाला की पहचान व ट्रेसिंग

Visual Art

- ❖ Cat Whiskers Lacing (take away)
- ❖ My Mosaic Owl
- ❖ Animal Stick Puppets (take away)

Dance and Movement

- ❖ Dance—Kathak

Drama

- ❖ Role Play: The Greedy Dog

Values

- ❖ Determination: Keep trying till you succeed

Outdoors/Indoors

- ❖ Playing Simon Says
- ❖ Treasure Hunt

General Awareness

- ❖ Introduction of:
 - Insects: Types of Insects, Their colour, Where They are Found, Their Body Parts
 - Birds: Types of Birds, Their Colour, Flight and Flightless Birds
 - Animals: Types of Animals, Things We Get from Animals, Sounds of Animals, Animals and Their Babies and Animals and Their Homes



Language and Literacy

- ❖ Introduction of:
 - Lowercase: 'm', 'n', 'o' — Phonic Sound, Vocabulary Words, Tracing (Air and Tactile) and Writing
- ❖ Communication: Flight and Flightless Birds
- ❖ Picture Reading: Things We get from Insects
- ❖ A to Z Oral
- ❖ Matching objects with Letters
- ❖ Fill in the Blanks
- ❖ New Words—Burrow, Bill, Fangs, Saddle, Flock, Web, Shell, Mane, Scale, Hoof, Hump, Fins, Nectar, Horns, Silk, Herd

Warm Up

- ❖ Walking Straight
- ❖ Walking in a Line
- ❖ Side Walking
- ❖ Bending Down
- ❖ Twisting Sideways
- ❖ Stretching
- ❖ Crawling
- ❖ Hopping on Both Feet
- ❖ Hopping on One Foot
- ❖ Skipping without Rope
- ❖ Bending Sideways
- ❖ Stomping with Both Feet
- ❖ Jumping with Both Feet
- ❖ Bending Down and Touching the Toes
- ❖ Throwing Ahead
- ❖ Throwing Overhead
- ❖ Pushing the Wall
- ❖ Pulling the Toy

Music

- ❖ Playing Musical Instrument—Maracas

Stories

- ❖ The Sheep and the Wolf
- ❖ The Lion and the Magician
- ❖ The Greedy Dog

Yoga

- ❖ Ragdoll Pose
- ❖ Zero Pose

Suggested Field Trips

- ❖ Zoo
- ❖ Farm
- ❖ Animal Shelter
- ❖ Wild Life Sanctuary

Sensory and Motor Development

- ❖ Making a Semicircle by using Kinetic Sand
- ❖ Free Water Play

Rhymes, Chants and Songs

- ❖ God's Love
- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ Thank You God
- ❖ ABC Song
- ❖ Clean Up Song
- ❖ Number Rhyme
- ❖ Old MacDonald
- ❖ Five Little Monkeys
- ❖ Incy Wincy Spider
- ❖ Pussy Cat



SYNOPSIS OF THE THEME: PLANTS

Mathematics

- ❖ Introduction of:
 - Opposite: Big–Small; Before–After
 - Colour: Pink; Black
 - Shape: Triangle
- ❖ Rote Counting 1 – 60
- ❖ Matching
- ❖ Sorting
- ❖ Sequencing
- ❖ Patterning
- ❖ Comparing
- ❖ Greater Than, Smaller Than Equal To 1 - 50

Dance and Movement

- ❖ Dance type — Tap Dance

Values

- ❖ Apologise and Forgive

Outdoors/Indoors

- ❖ Playing Chinese Whispers
- ❖ Playing with Tangrams
- ❖ Parachute play

Drama

- ❖ Role Play :
 - The Golden Axe
 - कोशिश का फल

General Awareness

- ❖ Introduction:
 - Parts of the plant— roots, stem, leaves, flowers, fruits and branches
 - Its types – trees, shrubs, herbs, creepers and thorny
 - Things we get from plants—medicines, fruits, vegetables, oxygen, cotton for clothes, shade
 - What do plants need?
 - Germination of a plant
- ❖ Introduction: Fruits— Its types, colour and taste custard apple, papaya, musk melon, lychee, cherries, strawberries
- ❖ Introduction: Flowers— Its types and colour- jasmine, orchid, carnations, tuberose
- ❖ Introduction: Vegetables— Its types and colour taste- bell peppers - orange and yellow, broccoli, beans, capsicum, corns and olives

Yoga

- ❖ Lion Pose
- ❖ Frog Pose

Life Skill

- ❖ Environmental Care— I help water the plants

Visual Art

- ❖ Tasty Pineapple (take away)
- ❖ Fork Painting
- ❖ My Green Tree (take away)



Language and Literacy

- ❖ Introduction of:
 - Lowercase: 'p', 'q', 'r'-- Phonic Sound, Vocabulary Words, Tracing (Air and Tactile) and Writing
- ❖ New Words: cotton, sour, medicine, ripe, seed, grow, wood, bud, blossom, forest, twig, vase, trunk, bush nut, worm,
- ❖ Orals: A to Z
- ❖ Communication: Interaction on plants
- ❖ Picture reading on types of plants
- ❖ Fill in the blanks of letters

Warm Up

- ❖ Catching the Ball between Hands and Chest
- ❖ Tilting Neck Sideways
- ❖ Shoulder Popping
- ❖ Galloping
- ❖ Swinging Arms Clockwise and Anticlockwise
- ❖ Catching with Both Hands
- ❖ Jumping with Both Feet
- ❖ Taking Big Steps to Move Forward
- ❖ Taking Small Steps to Move Backward
- ❖ Jumping Forward with Both Feet
- ❖ Taking Small Steps to Move Forward
- ❖ Climbing Up
- ❖ Climbing Down
- ❖ Kicking
- ❖ Balancing on Beam
- ❖ Tiptoeing
- ❖ Rolling Arms Clockwise
- ❖ Rolling Arms Anticlockwise

Music

- ❖ Musical Instrument – Handbells

Stories

- ❖ The Ugly Tree
- ❖ The Happy Crow
- ❖ The Golden Axe
- ❖ कोशिश का फल

Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One, Two, Buckle My Shoe
- ❖ Clean-Up song
- ❖ I had a Little Nut Tree
- ❖ Aiken Drum
- ❖ Yummilicious Fruits
- ❖ Little Seed

Suggested Field Trips

- ❖ Orchards
- ❖ Florist
- ❖ Flower Garden
- ❖ Park

Sensory and Motor Development

- ❖ Free Water Play
- ❖ Playing with Kinetic Sand

हिंदी

- ❖ व्यंजन: ड, ढ, ण, त - चित्रण शब्दावली मौखिक, ध्वनि की पहचान, वर्णमाला की पहचान व ट्रेसिंग अभ्यास



SYNOPSIS OF THE THEME: SEASONS

Mathematics

- ❖ Introduction of:
 - Opposites: Light and Dark; Sunrise and Sunset
 - Colours: Grey; Orange
 - Shape: Heart
- ❖ Patterning
- ❖ Sequencing
- ❖ Matching
- ❖ Backward counting
- ❖ Comparing
- ❖ Rote Counting (1 - 70)

Digital Readiness

- ❖ Receiving a Call and Taking a Message

Life Skills

- ❖ Time Management Skill - I
Follow a Daily Time Table

Visual Art

- ❖ Season Mobile (take away)
- ❖ Sunny Summer Day (take away)
- ❖ Winter Decoration (take away)
- ❖ Sunshine Card (take away)
- ❖ Winter Clothes Craft (take away)
- ❖ Rainy Day

Safe and Unsafe Touch

- ❖ What should you do when facing an unsafe touch

Dance and Movement

- ❖ Dance type —
Chicken Dance

Yoga

- ❖ Jack in the Box Pose
- ❖ Unicorn Pose

Outdoors/Indoors

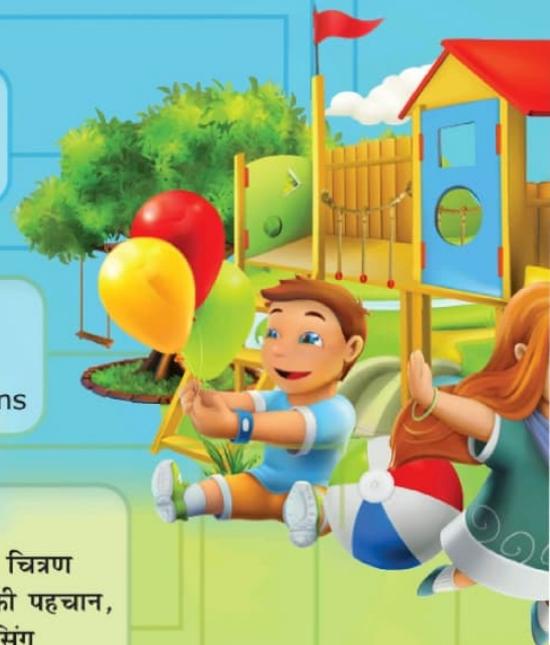
- ❖ Tug of War Game
- ❖ Playing with Tangrams

हिंदी

- ❖ व्यंजन: थ, द, ध, न, प - चित्रण शब्दावली मौखिक, ध्वनी की पहचान, वर्णमाला की पहचान व ट्रेसिंग
- ❖ गिनती 1-10 मौखिक और ट्रेसिंग

Music

- ❖ Rain Claps



General Awareness

- ❖ Introduction to Seasons
 - Its Types—Monsoon, Summer, Winter
 - Activities we do in These Seasons
 - Clothes we wear in These Seasons

Language and Literacy

- ❖ Introduction of
 - Lowercase: 's', 't', 'u', 'v' -- Phonic Sound, Vocabulary Words, Tracing (Air and Tactile) and Writing
- ❖ New Words: muddy, puddle, fog, thunder, drizzle, cloudy, rainbow, wind, lightning, fan, warm, bonfire, holiday, melt, beach, shiver
- ❖ Orals: A to Z
- ❖ Communication: Discussion on the three seasons
- ❖ Picture reading on Seasons
- ❖ Matching of Letters
- ❖ Fill in the Blanks
- ❖ Vocabulary Quiz

Warm Up

- ❖ Walking Straight
- ❖ Walking in a Line
- ❖ Side Walking
- ❖ Bending Down
- ❖ Twisting Sideways
- ❖ Stretching
- ❖ Crawling
- ❖ Hopping on Both Feet
- ❖ Hopping on One Foot
- ❖ Skipping without Rope
- ❖ Bending Sideways
- ❖ Stomping with Both Feet
- ❖ Jumping with Both Feet
- ❖ Bending Down and Touching the Toes
- ❖ Throwing Ahead
- ❖ Throwing Overhead
- ❖ Pushing the Wall
- ❖ Pulling the Toy

Stories

- ❖ The Lost Rings
- ❖ The Farmer and the Pot of Flour

Suggested Field Trips

- ❖ Beach
- ❖ Food Store
- ❖ Ice cream Factory
- ❖ Picnic

Sensory and Motor Development

- ❖ Activity with Water and Ice
- ❖ Playing with Sand
- ❖ Making Rain Drops

Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ God's Love Song
- ❖ Thank You God
- ❖ ABC Song
- ❖ One, Two, Buckle My Shoe
- ❖ Clean-Up song
- ❖ It's Raining, Its Pouring
- ❖ I Hear Thunder
- ❖ Found a Peanut
- ❖ Three Seasons



SYNOPSIS OF THE THEME: OUR COMMUNITY FRIENDS

Mathematics

- ❖ Introduction of :
 - Opposites: Soft and Hard, Front and Back
 - Colours: Brown and Violet
 - Shape: Pentagon
- ❖ Rote Counting 1-80
- ❖ Matching
- ❖ Sorting
- ❖ Sequencing
- ❖ Patterning
- ❖ Comparing
- ❖ Backward Counting
- ❖ Greater Than, Smaller Than, Equal To 1-50

Suggested Field Trips

- ❖ Fire Station
- ❖ Airport
- ❖ Railway Station
- ❖ Farm House

Yoga

- ❖ Triangle Pose
- ❖ Butterfly Pose

Values

- ❖ Courtesy – I Feel Grateful When People Help Me

Outdoors/Indoors

- ❖ Racing with Pom Poms
- ❖ Playing Tug of War

Visual Art

- ❖ Dentist Headbands (take away)
- ❖ Stethoscope (take away)
- ❖ Police Car (take away)
- ❖ Transport Ticket (take away)
- ❖ Cleaning Tools

Safe and Unsafe Touch

- ❖ Safe and Unsafe Touch – Circle of Trust

Dance and Movement

- ❖ Dance Form – Garba Performance

General Awareness

- ❖ Introduction – Community Helpers
 - Types of Community Helpers— bus driver, conductor, pilot, soldier, domestic help, air hostess, farmer, barber, mechanic, dentist, sanitation worker
 - Tools used by Community Helpers
 - Uniform of Community Helpers
 - How do Community Helpers help us?
 - Places of Work of Community Helpers

Life Skills

- ❖ Money Management Skills - I Spend Money Only on Important Things



Music

- ❖ Musical Instrument—Xylophone

Drama

- ❖ Role Play:
 - The Cap-Seller and the Monkeys
 - गोल्डीलॉक्स और भालू परिवार

Language and Literacy

- ❖ Introduction of:
 - Lowercase: 'w', 'x', 'y' — Phonic Sound, Vocabulary Words, Tracing (Air and Tactile) and Writing
- ❖ New Words: badge, ticket, serve, sweep, flying, wipe, scissors, haircut, salon, toothache, broom, bullock cart, barn, tie, toothpaste and gloves
- ❖ Orals: A to Z
- ❖ Communication: Discussion on Community Helpers
- ❖ Picture reading on Places of Work of Community helpers
- ❖ Matching of Letters
- ❖ Fill in the Blanks

Stories

- ❖ The Rightful Owner
- ❖ Neil and the Slingshot
- ❖ The Cap-Seller and the Monkeys
- ❖ गोल्डीलॉक्स और भालू परिवार

Warm Up

- ❖ Catching the Ball between Hands and Chest
- ❖ Tilting Neck Sideways
- ❖ Shoulder Popping
- ❖ Galloping
- ❖ Swinging Arms Clockwise and Anticlockwise
- ❖ Catching with Both Hands
- ❖ Jumping with Both Feet
- ❖ Taking Big Steps to Move Forward
- ❖ Taking Small Steps to Move Backward
- ❖ Jumping Forward with Both Feet
- ❖ Taking Small Steps to Move Forward
- ❖ Climbing Up
- ❖ Climbing Down
- ❖ Kicking
- ❖ Balancing on Beam
- ❖ Tiptoeing
- ❖ Rolling Arms Clockwise
- ❖ Rolling Arms Anticlockwise

हिंदी

- ❖ व्यंजन: फ, ब, भ, म और य — (चित्रण, शब्दावली, मौखिक, ध्वनी की पहचान, वर्णमाला की पहचान व ट्रेसिंग)
- ❖ कहानी गोल्डीलॉक्स और भालू परिवार

Sensory and Motor Development

- ❖ Art with Strings of wool
- ❖ Playing with Kinetic Sand
- ❖ Colouring the Tools of Community Helpers
- ❖ Water Play

Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One, Two, Buckle My Shoe
- ❖ Clean-Up Song
- ❖ Helping Hands
- ❖ धोबी आया
- ❖ Rub-a-Dub-Dub
- ❖ In My School



SYNOPSIS OF THE THEME: TRANSPORTATION

Mathematics

- ❖ Introduction of:
 - Shape: Hexagon
 - Colour: Maroon and Magenta
 - Opposites: Heavy and Light; Wet and Dry
- ❖ Rote Counting from 1 – 90
- ❖ Backward Counting
- ❖ Matching
- ❖ Sorting
- ❖ Patterning
- ❖ Comparing
- ❖ Sequencing

Dance and Movement

- ❖ Robotic Dance

हिंदी

- ❖ व्यंजन: य, र, ल, व, श, ष-चित्रण
शब्दावली मौखिक, ध्वनि की पहचान,
वर्णमाला की पहचान व ट्रेसिंग

General Awareness

- ❖ Recapitulation of Land, Air and Water Transport
- ❖ Introduction of Land transport: Dumper Truck, Bulldozer, Crane, Cement Mixer and Trailer Truck
- ❖ Introduction of Water Transport: Cargo Ship, Yacht, Cruise Ship, House Boat, Steamer, and Submarine
- ❖ Introduction of Air Transport: Glider, Sea plane and Zeppelin
- ❖ Parts of the Vehicle: Pedal, Steering, Mirror, Seatbelt, Trunk and Number Plate
- ❖ Introduction of Shape Aircraft
- ❖ Introduction of Traffic rules
- ❖ Introduction of Road Safety

Outdoors/Indoors

- ❖ Walk on Given Path (Left Right Curves)

Safe and Unsafe Touch

- ❖ Reporting unsafe touch

Yoga

- ❖ Stretchy Pose
- ❖ Chair Pose

Sensory and Motor Development

- ❖ Hand Print Rocket
- ❖ Colouring on Foil Paper
- ❖ Feet Impression on Sand
- ❖ Sand Play



Language and Literacy

- ❖ Introduction of:
 - Letters: z — Phonic Sound, Vocabulary Words, Tracing (Air and Tactile) and Writing
 - New Words: road, driver, parking, helmet, cargo, garage, railroad, life-jacket, oar, footbridge, cab, flyover, light house, subway, fuel stations, pavement
- ❖ Vowels and Consonants
- ❖ Introduction of CVC family words - at, ap, an, en, et, ed, ip, in, ig
- ❖ Communication: Types of Transportation Vehicles

Stories

- ❖ The Dreamy Dog
- ❖ Bad Habits

Music

- ❖ Making music using musical instruments

Suggested Field Trips

- ❖ Metro Station
- ❖ Fuel Station

Visual Art

- ❖ Transport Ticket (take away)
- ❖ Land Transport (take away)
- ❖ My Number Plate (take away)
- ❖ At the Sea (take away)
- ❖ Air Transport (take away)
- ❖ Space Aircraft (take away)
- ❖ Traffic Lights (take away)
- ❖ Up and Away (take away)
- ❖ Traffic Signs (take away)

Warm Up

- ❖ Walking Straight
- ❖ Walking in a Line
- ❖ Side Walking
- ❖ Bending Down
- ❖ Twisting Sideways
- ❖ Stretching
- ❖ Crawling
- ❖ Hopping on Both Feet
- ❖ Hopping on One Foot
- ❖ Skipping without Rope
- ❖ Bending Sideways
- ❖ Stomping with Both Feet
- ❖ Jumping with Both Feet
- ❖ Bending Down and Touching the Toes
- ❖ Throwing Ahead
- ❖ Throwing Overhead
- ❖ Pushing the Wall
- ❖ Pulling the Toy

Digital Readiness

- ❖ Basic Etiquettes of using a Cellphone

Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One, Two, Buckle My Shoe
- ❖ Clean-Up Song
- ❖ Yankee Doodle
- ❖ Traffic Lights
- ❖ Wheels on the Bus
- ❖ लकड़ी की काठी
- ❖ छुक छुक रेल गाड़ी



SYNOPSIS OF THE THEME: COLOURS OF THE WORLD

Mathematics

- ❖ Introduction of:
 - Shape: Diamond
 - Colours: Peach and Sky Blue
 - Opposites: More and Less; Up and Down
- ❖ Matching
- ❖ Sorting
- ❖ Greater Than, Smaller Than, Equal to 1-50
- ❖ Patterning
- ❖ Backward Counting
- ❖ Sequencing
- ❖ Rote Counting 1–100

General Awareness

- ❖ Our Planet Earth
- ❖ Let's Go to North and South America
- ❖ Let's Go to Antarctica and Africa
- ❖ Let's Go to Australia
- ❖ Let's Go to Europe
- ❖ Let's Go to Asia
- ❖ My Country India
- ❖ Our Capital - New Delhi
- ❖ Our National Symbols
- ❖ Our Festivals: Holi, Dussehra, Diwali, Eid, Christmas, Gurgurab
- ❖ Seven Wonders of the World
- ❖ Days of National Significance: Republic Day, Independence Day, Gandhi Jayanti

Rhymes Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One Two Buckle My Shoe
- ❖ Clean-Up Song
- ❖ A-Ticket, A-Tasket
- ❖ London Bridge
- ❖ Hot Cross Buns
- ❖ एक छोटी कश्ती
- ❖ आलू बोला
- ❖ भारत मेरा प्यारा देश

Stories

- ❖ The Boy Who Cried Wolf
- ❖ लिटिल रेड राइडिंग हुड
- ❖ The Peacock and The Frog
- ❖ The Price of Nothing

Digital Readiness

- ❖ Screen Time Awareness



Music

- ❖ Free Singing
- ❖ Hum a Rhyme of your Choice

Yoga

- ❖ Hero Pose
- ❖ Happy Baby Pose

Life Skills

- ❖ Calming Peers When they are Upset

Suggested Field Trips

- ❖ Children's Theatre
- ❖ Monuments of India

Sensory and Motor Development

- ❖ Moulding Wet and Dry Sand
- ❖ My Magic Message

Language and Literacy

- ❖ Introduction of:
 - New Words: Planet, world, country, state, festival, Easter, Halloween, new-year, map, city, Indian, flag, coin, note, monument, trip
 - 2 letter words
 - 3 letter words
 - Reading Sentences
- ❖ Picture Reading
- ❖ Wonders of the World
- ❖ CVC Words: ot, op, og
- ❖ CVC Words: un, ub, ug
- ❖ Communication: People Across the world

Visual Art

- ❖ Tourist Camera (Take away)
- ❖ Where Do I Live? (Take away)
- ❖ Earth Headband (Take away)
- ❖ Earth in Space (Take away)
- ❖ People of the World Mobile (Take away)
- ❖ Piggy Bank (Take away)

Outdoors/Indoors

- ❖ Land and Water Game
- ❖ Parachute Play

Drama

- ❖ The Boy Who Cried Wolf
- ❖ लिटिल रेड राइडिंग हुड

Dance and Movement

- ❖ Dance using Balloons

हिंदी

- ❖ व्यंजन: स, ह की पहचान व ट्रेसिंग
- ❖ रंगों की पहचान व अभ्यास
- ❖ फलों का अभ्यास

Warm Up

- ❖ Catching the Ball between Hands and Chest
- ❖ Tilting Neck Sideways
- ❖ Shoulder Popping
- ❖ Galloping
- ❖ Swinging Arms Clockwise and Anti-clockwise
- ❖ Catching with Both Hands
- ❖ Jumping with Both Feet
- ❖ Taking Big Steps to Move Forward
- ❖ Taking Small Steps to Move Backward
- ❖ Jumping Forward with Both Feet
- ❖ Taking Small Steps to Move Forward
- ❖ Climbing Up
- ❖ Climbing Down
- ❖ Kicking
- ❖ Balancing on Beam
- ❖ Tiptoeing
- ❖ Rolling Arms Clockwise
- ❖ Rolling Arms Anticlockwise

