

# SYNOPSIS OF THE THEME: MYSELF

## General Awareness

- ❖ Self Introduction: Name, Age, Gender, Class and Birthday
- ❖ Parts of Body: Head, Face, Forehead, Eyes, Ears, Nose, Mouth, Teeth, Tongue, Lips, Chin, Arms, Hands, Fingers, Thumb, Wrist, Stomach, Legs, Feet, Toes
- ❖ Clothes for My Body
- ❖ Golden Words: Thank You, Sorry, Welcome and Please
- ❖ Greetings Good Morning, Good Afternoon, Good Evening, Good Night
- ❖ Favourite Food
- ❖ Introducing Friends
- ❖ Being Good Friends: Sharing, Helping, Forgiving, etc.
- ❖ Likes and Dislikes

## Visual Art

- ❖ My Huge Whale (take away)
- ❖ My School Bag (take away)
- ❖ Mosaic Painting
- ❖ Free Painting
- ❖ Emotion Smiley (take away)
- ❖ Cotton Dabbing on Happy Faces
- ❖ Colour My Cap
- ❖ My Feathered Mask (take away)
- ❖ Magic Painting
- ❖ Fill in the Teddy
- ❖ Colour Your Favourite Food
- ❖ Make Your Own Caterpillar

## Outdoors/Indoors

- ❖ Flap and Stomp
- ❖ Run on the Given Path
- ❖ Free Outdoor Play
- ❖ Treasure Hunt

## Language and Literacy

- ❖ Introduction of:
  - Patterns: Sleeping, Standing, Right Slanting Lines and Left Slanting Line
  - Letter: A— Phonic Sound, Letter Recognition, Tracing (Air and Tactile)
  - New Words: Big, Angry, Small, Cry, Pet, Gate, Birthday, Party, Window, Wall, Garden, Swing, Lunch, Home, Wash, Daily
  - Communication: Self Introduction
  - ABC Song

## Life Skills

- ❖ Dressing Oneself

## Stories

- ❖ The Lion and the Hare
- ❖ Cobbler! Cobbler!

## Dance and Movement

- ❖ Dance Type—Free Form
  - Non Locomotor Movements
    - Bending
    - Twisting
    - Waving
    - Picking
    - Bringing Feet Together
- ❖ Dance Performance

## Yoga

- ❖ Relaxation Pose
- ❖ Easy Pose



## Mathematics

- ❖ Introduction of:
  - Number: 1, Concept Value, Tracing (Air and Tactile), One to One Correspondence and Tracing
  - Number Rhyme – One, Two, Buckle My Shoes
  - Opposites: Happy and Sad, Hard and Soft
  - Colour: Red
  - Oral: Rote Count 1 – 5
  - Sequencing

## Suggested Field Trips

- ❖ Garden/Park
- ❖ Picnic

## Music

- ❖ Rain Claps
- ❖ Body Percussion and Humming a Tune
- ❖ Making Music using Sound Apparatus
- ❖ Playing Musical Chair

## Sensory and Motor Development

- ❖ Sponge Play
- ❖ Free Water Play
- ❖ Exploring Zipping, Snapping, Velcro
- ❖ Free Sand Play
- ❖ Newspaper Crumpling
- ❖ Playing with Play Dough

## Values

- ❖ I Share My Toys, Food, Books etc., with Others

## Warm Up

- ❖ Walking Straight
- ❖ Walking in a Line
- ❖ Side Walking
- ❖ Bending Down
- ❖ Twisting Sideways
- ❖ Stretching
- ❖ Crawling
- ❖ Hopping on Both Feet
- ❖ Hopping on One Foot
- ❖ Skipping without Rope
- ❖ Bending Sideways
- ❖ Stomping with Both Feet
- ❖ Jumping with Both Feet
- ❖ Bending Down and Touching the Toes
- ❖ Throwing Ahead
- ❖ Throwing Overhead
- ❖ Pushing the Wall
- ❖ Pulling the Toy

## Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ ABC Song
- ❖ One Two, Buckle My Shoe
- ❖ Thank You God
- ❖ Teddy Bear, Teddy Bear
- ❖ Rolly Polly
- ❖ Head, Shoulders, Knees and Toes
- ❖ I Am a Little Teapot
- ❖ If You're Happy Action Song
- ❖ Boogie Woogie Action Song



# SYNOPSIS OF THE THEME: MY FAMILY

## Mathematics

- ❖ Introduction of
  - Numbers: 2 and 3 with their concept value, Number Counting, Tracing (Air and Sensory), One to One Correspondence
- ❖ Opposites: Big and Small
- ❖ Concept of Comparison
- ❖ Colour: Blue
- ❖ Shape: Circle
- ❖ Oral: Rote Counting (1 – 10)

## General Awareness

- ❖ Introduction — My Family
- ❖ Members in Family
- ❖ Activities we do with our Family
- ❖ Activities we do with our Siblings
- ❖ Introduction — Villa, Apartment, Hut and Bungalow
- ❖ Parent's Occupation
- ❖ Favourite Pet
- ❖ Favourite Room
- ❖ Caring and Sharing in Family

## Dance and Movement

- ❖ Dance type — Bhangra
- ❖ Dance Performance

## Sensory and Motor Development

- ❖ Water pouring from one container to another
- ❖ Pouring and Scooping
- ❖ Pouring and Mixing
- ❖ Playing with Sensory Cards

## Stories

- ❖ Bholu and the Thieves
- ❖ Rohit goes to Picnic
- ❖ The Farmer and his Five Sons

## Yoga

- ❖ Cat Pose
- ❖ Kite Pose



## Drama

- ❖ Role Play: The Farmer and his Five Sons

## Music

- ❖ Musical Instrument
- ❖ Clap a single pattern
- ❖ Rhythmic Claps
- ❖ Free Singing

### Digital Readiness

- ❖ Introduction of Cellphone
- ❖ Basic Etiquettes of using a Cellphone

### Suggested Field Trips

- ❖ Children Theatre
- ❖ Chocolate Factory
- ❖ Picnic

### Visual Art

- ❖ Making My Family
- ❖ Making a Card (take away)
- ❖ Meet My Family

### Language and Literacy

- ❖ Introduction of
  - Patterns: Right CURVE 'c' and Left Curve 'c'
  - Letters: B and C— Phonic Sound, Letter recognition, Tracing (Air and Sensory), Tracing of letters
- ❖ New Words: baby, old, young, photograph, tidy, cage, leash, mirror, outing, under, pretty, picnic, placemat, cane, look, play
- ❖ Orals: A to Z
- ❖ Communication: Discussion on Parents
- ❖ Picture reading on rooms inside my house
- ❖ Matching of letters

### Rhymes Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One, Two, Buckle My Shoe
- ❖ Ten Little Fingers
- ❖ Mummy Darling, Papa Darling
- ❖ Clean-Up Song
- ❖ गोल गोल
- ❖ ऊपर पंखा चलता है

### Warm Up

- ❖ Catching the Ball between Hands and Chest
- ❖ Tilting Neck Sideways
- ❖ Shoulder Popping
- ❖ Galloping
- ❖ Swinging Arms Clockwise and Anticlockwise
- ❖ Catching with Both Hands
- ❖ Jumping with Both Feet
- ❖ Taking Big Steps to Move Forward
- ❖ Taking Small Steps to Move Backward
- ❖ Jumping Forward with Both Feet
- ❖ Taking Small Steps to Move Forward
- ❖ Climbing Up
- ❖ Climbing Down
- ❖ Kicking
- ❖ Balancing on Beam
- ❖ Tiptoeing
- ❖ Rolling Arms Clockwise
- ❖ Rolling Arms Anticlockwise

### Outdoors/Indoors

- ❖ Playing with Frisbee
- ❖ Passing the Ball
- ❖ Identifying Colours
- ❖ Playing Dog and the Bone
- ❖ Playing with Blocks
- ❖ Walk on a Given Path

### Life Skills

- ❖ Cleaning up play area by oneself



# SYNOPSIS OF THE THEME: AIR AND WATER

## Mathematics

- ❖ Introduction of:
  - Number 4 & 5: Its Concept Value (Air, Tactile and Tracing), Tracing, One to One Correspondence and Sensory Tracing of Numbers using Play Dough
  - Colour: Yellow
  - Opposites: Dry-Wet
  - Patterning
  - Missing Numbers
  - Matching
  - Sequencing
- ❖ Oral: Rote Count 1 – 15
- ❖ Greater than, Smaller than, Equal to (1-5)
- ❖ Playing with Tangrams

## Dance Type: Prop Dance

- ❖ Ribbon Dance
- ❖ Newspaper Dance

## Values

- ❖ Consideration—Think About Other's feelings

## General Awareness

- ❖ Water – Its Characteristics, Importance and need
- ❖ Sources of Water
- ❖ Water Sports Activities
- ❖ Uses of Water
- ❖ How to Save Water
- ❖ Air—Its Characteristics, Importance and Need
- ❖ Uses of Air

## Stories

- ❖ The Miser and his Gold
- ❖ The Two Crabs
- ❖ The Tale of Three Fish

## Suggested Field Trips

- ❖ Science Museum
- ❖ Aquarium

## Outdoors/Indoors

- ❖ Simon Says
- ❖ Playing with Blocks
- ❖ Frog Jumping Race
- ❖ Catching the Ball
- ❖ Tug of War

## Drama

- ❖ Role Play: The Tale of Three Fish

## Yoga

- ❖ Rainbow Pose
- ❖ Mountain Pose



### Visual Art

- ❖ Paper Fan Making (take away)
- ❖ Making Inflated Tube
- ❖ Making Water Bodies Using Glazed Papers

### Music

- ❖ Music and Movement
- ❖ Music with Instruments- Tambourine
- ❖ Clapping and Singing Along with a Person
- ❖ Free Singing

### Language and Literacy

- ❖ Introduction of:
  - Letters: D, E and F: Phonic Sound, Letter Recognition, Air Tracing, Tactile Tracing and Sensory Tracing of Letters
  - New Words: swimming pool, drop, spray, fill, pour, soak, damp, puddle, drink, pipe, blow, breeze, boil, basin, pebble, wipe
- ❖ Communication
- ❖ Conversation: Uses of Water
- ❖ Matching of Letters
- ❖ Picture Reading: Objects in water and in sky

### Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One, Two, Buckle My Shoe
- ❖ Clean-Up Song
- ❖ पानी बरसा छम छम छम
- ❖ मछली जल की रानी है
- ❖ Birds in the Sky
- ❖ 1, 2, 3, 4, 5, Once I Caught a Fish Alive

### Warm Up

- ❖ Walking Straight
- ❖ Walking in a Line
- ❖ Side Walking
- ❖ Bending Down
- ❖ Twisting Sideways
- ❖ Stretching
- ❖ Crawling
- ❖ Hopping on Both Feet
- ❖ Hopping on One Foot
- ❖ Skipping without Rope
- ❖ Bending Sideways
- ❖ Stomping with Both Feet
- ❖ Jumping with Both Feet
- ❖ Bending Down and Touching the Toes
- ❖ Throwing Ahead
- ❖ Throwing Overhead
- ❖ Pushing the Wall
- ❖ Pulling the Toy

### Sensory and Motor Development

- ❖ Making a Kite Using Wool
- ❖ Sand Play: Dry and Wet
- ❖ Sand Play: Make Your Own Footprints
- ❖ Water Play: More and Less, Sink and Float

### Life Skills

- ❖ Brushing Teeth



# SYNOPSIS OF THE THEME: DAY AND NIGHT

## Mathematics

- ❖ Introduction of:
  - Numbers: 6 and 7, their Concept Value, Tracing (Air and Tactile), One to One Correspondence and Tracing
  - Opposite: Light and Dark
  - Concept of Comparison
  - Colours: Green
  - Shape: Square
- ❖ Sequencing
- ❖ Patterning
- ❖ Ordering
- ❖ Backward Counting

## General Awareness

- ❖ Introduction of Day and Night: Its meaning
- ❖ Things and Animals we see during day and night
- ❖ Activities we do during day and night
- ❖ Role play on activities we do during day and night
- ❖ Clothes we wear during day and night
- ❖ Why is day warmer and night cooler

## Dance and Movement

- ❖ Dance Type-Disco Dance
- ❖ Dance Performance

## Sensory and Motor Development

- ❖ Making a Sun and a Moon using aluminum foil
- ❖ Playing with Cotton and Water
- ❖ Use of Kinetic Sand to Make Shapes
- ❖ Rainbow Walk

## Stories

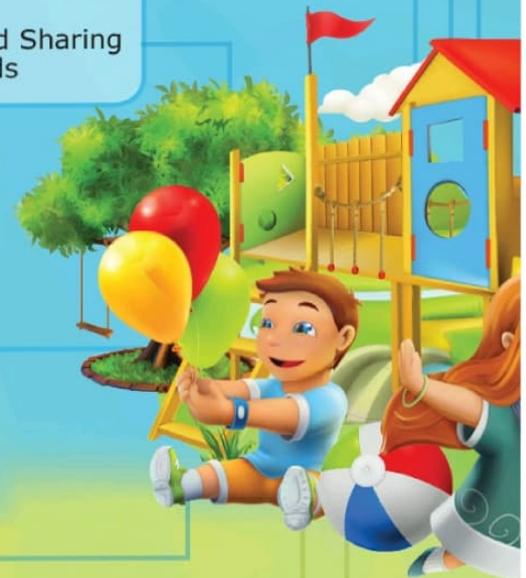
- ❖ The Golden Egg
- ❖ The Puppy and the Well
- ❖ The Wind and the Sun

## Yoga

- ❖ Star Pose
- ❖ Mermaid Pose

## Life Skills

- ❖ Playing and Sharing with Friends



## Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One, Two, Buckle My Shoe
- ❖ Clean-Up Song
- ❖ Twinkle Twinkle Little Star
- ❖ Early to Bed
- ❖ Are You Sleeping
- ❖ चंदा मामा

### Digital Readiness

- ❖ Basic Etiquettes of using a Cell Phone

### Suggested Field Trips

- ❖ Planetarium
- ❖ Science Museum

### Language and Literacy

- ❖ Introduction of:
  - Letter 'G', 'H' and I—Phonic Sound, Letter Recognition, Tracing (Air and Tactile Tracing) Letters
- ❖ Patterns: Down Curve (∩) and Up Curve (U)
- ❖ New Words: tubelight, awake, sunrise, sunset, sky, nap, yawn, meal, breakfast, lunch, dinner, morning, shadow, afternoon, evening, bulb, twinkle.
- ❖ Communication: Share any two activities that we do during day and night
- ❖ Picture reading on objects we see during day and night
- ❖ Matching of Letters

### Visual Art

- ❖ Making a Jelly Fish Sun Catcher (take away)
- ❖ Cotton Dabbing
- ❖ Owl Craft (take away)
- ❖ Sky Mobile (take away)

### Drama

- ❖ Role Play: The Wind and the Sun

### Values

- ❖ Being Courteous

### Outdoors/Indoors

- ❖ Freeze Play
- ❖ Play Dog and the Bone
- ❖ Walking of a Zigzag Line
- ❖ Playing with Tangrams
- ❖ Play Shadow Game
- ❖ Musical Chair
- ❖ Play Frizbee

### Music

- ❖ Rhythmic Claps
- ❖ Musical Instrument—Castanets
- ❖ Free Singing
- ❖ Making Sound of An Owl

### Warm Up

- ❖ Catching the Ball between Hands and Chest
- ❖ Tilting Neck Sideways
- ❖ Shoulder Popping
- ❖ Galloping
- ❖ Swinging Arms Clockwise and Anticlockwise
- ❖ Catching with Both Hands
- ❖ Jumping with Both Feet
- ❖ Taking Big Steps to Move Forward
- ❖ Taking Small Steps to Move Backward
- ❖ Jumping Forward with Both Feet
- ❖ Taking Small Steps to Move Forward
- ❖ Climbing Up
- ❖ Climbing Down
- ❖ Kicking
- ❖ Balancing on Beam
- ❖ Tiptoeing
- ❖ Rolling Arms Clockwise
- ❖ Rolling Arms Anticlockwise



# SYNOPSIS OF THE THEME: ANIMALS

## General Awareness

- ❖ Introduction of Insects: colour, place they are found, how do they move
- ❖ Introduction of Birds: colour, how they fly, sounds, taking care of birds
- ❖ Introduction of Farm, Pet and Wild Animals colour, sounds, movements, taking care of animals

## Language and Literacy

- ❖ Introduction of letter J, K and L – Uppercase, Letter Recognition, Tracing (Air and Tactile) of Letters
- ❖ Story: The Hare and the Tortoise
- ❖ New Words: Hive, Anthill, Fur, Forest, Wings, Zoo, Beak, Whisker, Trunk, Tusk, Paws, Snout, Tail, Claws, Roar and Stripes
- ❖ Communication: Insects
- ❖ Picture Reading on Animals
- ❖ Matching Letter with Object
- ❖ ABC Song

## Stories

- ❖ The Monkey and the Crocodile
- ❖ The Ant and the Grasshopper
- ❖ The Hare and the Tortoise

## Values

- ❖ Courtesy – I feel grateful when people help me

## Dance and Movement

- ❖ Kathak Dance
- ❖ Kathak Dance Performance

## Sensory and Motor

- ❖ Sink and Float
- ❖ Writing name on wet sand
- ❖ Free water play
- ❖ Playing with Play Dough

## Drama

- ❖ Role Play: The Hare and the Tortoise

## Music

- ❖ Musical Instrument – Drums
- ❖ Body Percussion
- ❖ Free Singing



### Mathematics

- ❖ Introduction of:
  - Numbers: 8 and 9 and their Concept Value, Tracing (Air and Sensory) One to One Correspondence
  - Concepts: Fast and Slow
  - Colours: White
  - Matching
  - Number Rhyme
  - Backward Counting

### Warm Up

- ❖ Walking Straight
- ❖ Walking in a Line
- ❖ Side Walking
- ❖ Bending Down
- ❖ Twisting Sideways
- ❖ Stretching
- ❖ Crawling
- ❖ Hopping on Both Feet
- ❖ Hopping on One Foot
- ❖ Skipping without Rope
- ❖ Bending Sideways
- ❖ Stomping with Both Feet
- ❖ Jumping with Both Feet
- ❖ Bending Down and Touching the Toes
- ❖ Throwing Ahead
- ❖ Throwing Overhead
- ❖ Pushing the Wall
- ❖ Pulling the Toy

### Life Skills

- ❖ Money Management Skills (I use money wisely)

### Art and Craft

- ❖ My Finger Bee Puppet (take away)
- ❖ My Colourful Bird (take away)
- ❖ Tissue Paper Dabbing
- ❖ Pasting Yarn and Colouring
- ❖ Animals Booklet (take away)

### Rhymes and Songs

- ❖ Good Morning Song
- ❖ God's Love
- ❖ Making-a-Line Chant
- ❖ Clean-Up Song
- ❖ ABC Song
- ❖ One Two, Buckle My Shoe
- ❖ Thank You God
- ❖ Two Little Dicky Birds
- ❖ Hickory Dickory Dock
- ❖ Little Miss Muffet
- ❖ Old MacDonald

### Yoga

- ❖ Ragdoll pose
- ❖ Zero pose

### Outdoors/Indoors

- ❖ Play Land and Water
- ❖ Tug of War
- ❖ Sharing Feelings
- ❖ Walking on a given path (zigzag)
- ❖ Simon Says
- ❖ Playing Tangrams



# SYNOPSIS OF THE THEME: PLANTS

## General Awareness

- ❖ Introduction of a Plant: Its characteristics
- ❖ Parts of a Plant: Flower, Fruit, Vegetables, Seeds, Stem, Leaves and Roots
- ❖ Things We Get From Plants: Fruits, Vegetables, Seeds and Flowers
- ❖ Types of Fruits: Names of the fruits, their colours and taste
- ❖ Types of Vegetables: Names of the vegetables, their colours and taste
- ❖ Types of Flowers: Names of the flowers and their colours

## Suggested Field Trips

- ❖ A Local Garden

## Life Skills

- ❖ Let's Take Care of Plants

## Music

- ❖ Playing with Xylophone
- ❖ Pattern Clapping
- ❖ Playing Musical Chair
- ❖ Playing Musical Instruments

## Outdoors/Indoors

- ❖ Watering Plants
- ❖ Nature Walks
- ❖ Parachute Play
- ❖ Play Dough
- ❖ Catching the Ball
- ❖ Playing Tangrams

## Visual Art

- ❖ Fork Painting
- ❖ Making Carrots Using Finger Impressions
- ❖ Making a Flower with Ice Cream Sticks (take away)
- ❖ My Picnic Plate (take away)

## Stories

- ❖ The Fox and the Grapes
- ❖ The Elephant and the Mice
- ❖ Piku and the Magic Beans (Role Play)



### Mathematics

- ❖ Introduction of:
  - Number: 10, its concept value, tracing (Air and Sensory), one to one correspondence; and 0, its concept value and tracing (Air and Sensory)
  - Shape: Rectangle
  - Colour: Orange
- ❖ Oral: Rote Counting 1-20
- ❖ Concept: One and Many, Missing Numbers, Greater Than, Smaller Than and Equal To, Patterning and Ordering

### Language and Literacy

- ❖ Introduction of:
  - Letter: M—Uppercase, Phonic Sound, Letter Recognition, Tracing (Air and Sensory) of letter M, Phonic Sound, Letter Recognition, Tracing (Air and Sensory) of letter N, Phonic Sound, Letter Recognition, Tracing (Air and Sensory) of letter O
  - New Words: dig, orchard, pluck, tree, petals, sapling, thorn, soil, rake, grass, bush, flourist, heap, sprout, fence, dew
  - Communication: Identify and name 5 fruits

### Dance and Movement

- ❖ Tap Dance
- ❖ Dance Performance

### Rhymes and Songs

- ❖ Oranges and Lemons
- ❖ आहा टमाटर
- ❖ Nuts in May
- ❖ आलू बोला
- ❖ ABC Song

### Yoga

- ❖ Lion pose
- ❖ Frog pose

### Sensory and Motor Development

- ❖ Sand Play
- ❖ Sensory Play with flower petals
- ❖ Water Play with leaves
- ❖ Sensory Play- flower making using earbuds
- ❖ Making shapes/objects with play dough

### Warm Up

- ❖ Catching the Ball between Hands and Chest
- ❖ Tilting Neck Sideways
- ❖ Shoulder Popping
- ❖ Galloping
- ❖ Swinging Arms Clockwise and Anticlockwise
- ❖ Catching with Both Hands
- ❖ Jumping with Both Feet
- ❖ Taking Big Steps to Move Forward
- ❖ Taking Small Steps to Move Backward
- ❖ Jumping Forward with Both Feet
- ❖ Taking Small Steps to Move Forward
- ❖ Climbing Up
- ❖ Climbing Down
- ❖ Kicking
- ❖ Balancing on Beam
- ❖ Tiptoeing
- ❖ Rolling Arms Clockwise
- ❖ Rolling Arms Anticlockwise



# SYNOPSIS OF THE THEME: SEASONS

## Mathematics

- ❖ Introduction of:
  - Number: 11 and 12 with their concept value, Number Counting, Tracing (Air and Sensory), One to One Correspondence
- ❖ Opposites: Hot and Cold
- ❖ Concept of Patterning
- ❖ Concept of Sequencing
- ❖ Concept of Missing Numbers
- ❖ Colour: Pink
- ❖ Shape: Triangle
- ❖ Oral: Rote Counting (1 – 20)

## Dance and Movement

- ❖ Dance type — Copy Dance
- ❖ Dance type — Chicken Dance
- ❖ Dance type — Butterfly Dance
- ❖ Dance type — Freeze Dance

## Outdoors/Indoors

- ❖ Playing with Blocks
- ❖ Playing with Tangrams
- ❖ Walking on a given Path
- ❖ Parachute Play
- ❖ Spoon Race
- ❖ Playing Hopscotch

## General Awareness

- ❖ Introduction — Weather
  - Its types – sunny, rainy, cloudy, cold and stormy
- ❖ Introduction - Seasons
  - Its Types — Monsoon, Summer, Winter
  - Activities done in these seasons
  - Clothes worn in these seasons

## Yoga

- ❖ Jack in the Box Pose
- ❖ Unicorn Pose

## Music

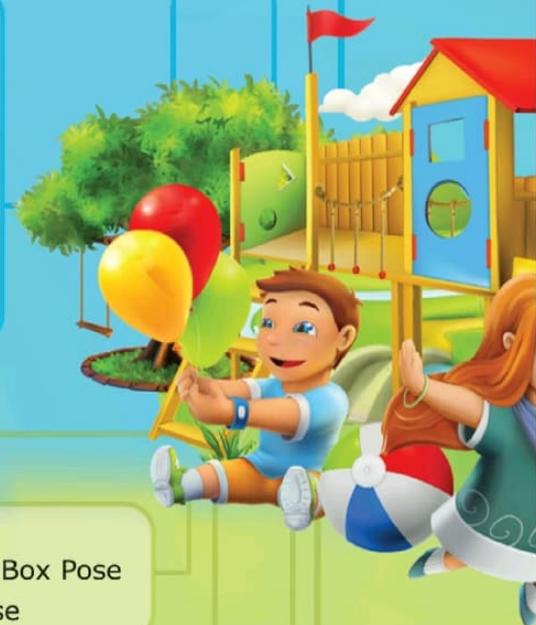
- ❖ Musical Instrument – Handbells
- ❖ Body Percussion
- ❖ Free Singing

## Visual Art

- ❖ Making a Winter Dress (take away)
- ❖ Greeny Trees
- ❖ Colourful Umbrella (take away)
- ❖ Cool Ice Candies
- ❖ Making a Snowman (take away)

## Values

- ❖ Responsibility – Lending a Helping Hand



### Language and Literacy

- ❖ Introduction of:
  - Letters: P, Q and R — Phonic Sound, Letter recognition, Tracing of letters (Air and Sensory)
- ❖ New Words: thunder, fog, log, sunglasses, juice, umbrella, raincoat, boots, sweat, rainbow, jacket, scarf, ice skates, snowman, snowflakes, snowball
- ❖ Orals: A to Z
- ❖ Communication: Summer season activities
- ❖ Picture reading on seasons
- ❖ Matching of letters

### Drama

- ❖ Role Play: Harry, the Happy Snowman

### Suggested Field Trips

- ❖ Orchards
- ❖ Ice cream Factory
- ❖ Picnic

### Life Skills

- ❖ Environmental Care — Saving Electricity

### Sensory and Motor Development

- ❖ Free Water Play
- ❖ Playing with Kinetic Sand to Create Shapes
- ❖ Sponge Water Play (Concept of Clean and Dirty)

### Warm Up

- ❖ Walking Straight
- ❖ Walking in a Line
- ❖ Side Walking
- ❖ Bending Down
- ❖ Twisting Sideways
- ❖ Stretching
- ❖ Crawling
- ❖ Hopping on Both Feet
- ❖ Hopping on One Foot
- ❖ Skipping without Rope
- ❖ Bending Sideways
- ❖ Stomping with Both Feet
- ❖ Jumping with Both Feet
- ❖ Bending Down and Touching the Toes
- ❖ Throwing Ahead
- ❖ Throwing Overhead
- ❖ Pushing the Wall
- ❖ Pulling the Toy

### Stories

- ❖ The Judge of the Fools
- ❖ The King's Dream
- ❖ Harry the Happy Snowman

### Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One, Two, Buckle My Shoe
- ❖ Clean-Up song
- ❖ It's Raining Its Pouring
- ❖ Here we go around the Mulberry busy
- ❖ Rain Rain go Away
- ❖ I Hear Thunder



# SYNOPSIS OF THE THEME: OUR COMMUNITY FRIENDS

## Mathematics

- ❖ Introduction of:
  - Number: 13 and 14 with their concept value, Number Counting, Tracing (Air and Tactile), One to One Correspondence
  - Colour: Black
  - Shape: Heart
- ❖ Opposites: Same and Different
- ❖ Concept of Comparing
- ❖ Oral: Rote Counting (1–30)
- ❖ Math Concept Card - Comparison by Size

## General Awareness

- ❖ Introduction—Community Helpers
  - Its types – doctor, teacher, carpenter, postman, milkman, fire fighter, policeman, nurse, electrician, plumber, ticket collector, gardener
  - Uniform of Community Helpers
  - How do Community Helpers help us
  - Community Helpers: Place of Work

## Rhymes Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One, Two, Buckle My Shoe
- ❖ Clean up song
- ❖ Rub-a-dub-dub
- ❖ Cobbler Cobbler
- ❖ Doctor Som
- ❖ Pat-a-cake

## Dance and Movement

- ❖ Dance type — Garba Dance
- ❖ Dance Performance

## Stories

- ❖ The Hatmaker and the Genie
- ❖ The Wicked Judge
- ❖ The Story of a Potter

## Yoga

- ❖ Triangle Pose
- ❖ Butterfly Pose

## Drama

- ❖ Role Play: The Story of a Potter

## Music

- ❖ Musical Instruments- Maracas
- ❖ Musical Rhymes
- ❖ Rain Claps with letters



### Digital Readiness

- ❖ Role play on How to receive a phone call

### Suggested Field Trips

- ❖ Fire station
- ❖ Airport
- ❖ Railway station
- ❖ Garden
- ❖ Milk Dairy

### Visual Art

- ❖ Nurse Hat (take away)
- ❖ Firemen Brothers (take away)
- ❖ Walkie Talkie (take away)
- ❖ Garbage Van
- ❖ Ambulance Service

### Language and Literacy

- ❖ Introduction of:
  - Letters: S, T and U — Phonic Sound, Letter recognition, Tracing (Air and Tactile)
- ❖ New Words: uniform, drill, mailbox, fire, medicine, boots, gloves, envelope, letter, stamp, lab coat, broom, handcuffs, fire engine, hose, band aid
- ❖ Orals: A to Z
- ❖ Communication: Uniforms of Community Helpers
- ❖ Picture Reading on My Classroom
- ❖ Matching of Letters
- ❖ Circle the Odd One Out

### Life Skills

- ❖ Time Management Skills - I Focus on One Task at a Time

### Outdoors/Indoors

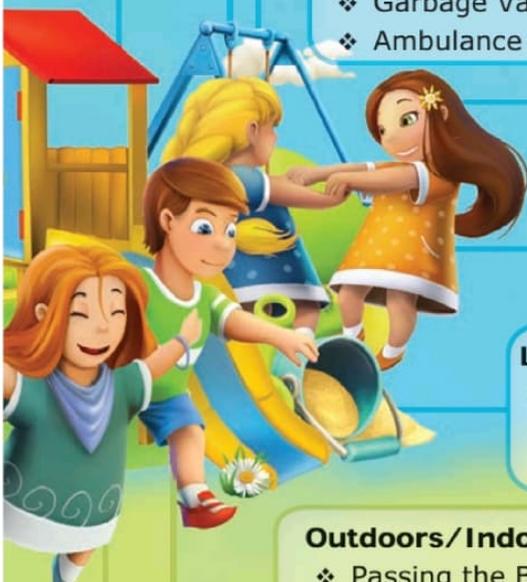
- ❖ Passing the Ball
- ❖ Playing Roses are Red
- ❖ Playing with Frisbee
- ❖ Playing with Tangrams
- ❖ Playing Land and Water
- ❖ Playing Hopscotch
- ❖ Communication on Community helper

### Sensory and Motor Development

- ❖ Playing with Kinetic Sand to Create Shapes
- ❖ Making Flowers with Finger Impressions
- ❖ Free Water Play
- ❖ Sand Play

### Warm Up

- ❖ Catching the Ball between Hands and Chest
- ❖ Tilting Neck Sideways
- ❖ Shoulder Popping
- ❖ Galloping
- ❖ Swinging Arms Clockwise and Anticlockwise
- ❖ Catching with Both Hands
- ❖ Jumping with Both Feet
- ❖ Taking Big Steps to Move Forward
- ❖ Taking Small Steps to Move Backward
- ❖ Jumping Forward with Both Feet
- ❖ Taking Small Steps to Move Forward
- ❖ Climbing Up
- ❖ Climbing Down
- ❖ Kicking
- ❖ Balancing on Beam
- ❖ Tiptoeing
- ❖ Rolling Arms Clockwise
- ❖ Rolling Arms Anticlockwise



# SYNOPSIS OF THE THEME: TRANSPORTATION

## Mathematics

- ❖ Introduction of:
  - Numbers: 15, 16 and 17— Tracing (Air and Sensory), One to One Correspondence
  - Colour: Grey
  - Opposites: In and Out
  - Concept of Matching

## Music

- ❖ Making Music using Sound Apparatus
- ❖ Hum a Rhyme of your Choice

## Life Skills

- ❖ Meaning and importance of money
- ❖ Recognising currency coins and notes

## Indoor Activities

- ❖ Playing Tug of War
- ❖ Playing Train Chain
- ❖ Playing Hopscotch
- ❖ Playing Simon Says
- ❖ Parachute Play
- ❖ Passing the Ball
- ❖ Playing Musical Chairs

## General Awareness

- ❖ Introduction: Transportation
- ❖ Types of Transportation: Land, Water and Air
- ❖ Introduction to Land Transportation: Car, Bus, Bike, Taxi, Cycle, Truck, Train, Auto rickshaw
- ❖ Introduction to Water Transportation: Boat, Pedal Boat, Speed Boat, Ship
- ❖ Introduction to Air Transportation: Aeroplane, Helicopter, Hot-air Balloon
- ❖ Parts of a Vehicles: Horns, Wheels, Lights, Doors and Windows
- ❖ Vehicles used in Our Homes
- ❖ Introduction to Safety Rules on the Road

## Yoga

- ❖ Stretchy Pose
- ❖ Chair Pose

## Visual Art

- ❖ Colouring Traffic Lights
- ❖ Row the Boat
- ❖ My First Airplane (Take away)
- ❖ Traffic Signs (Take away)
- ❖ Making a Boat (Take away)
- ❖ Vroom Vroom Car (Take away)



### Language and Literacy

- ❖ Introduction of:
  - Letters: V, W and X—Phonic Sound, Vocabulary Words, Tracing (Air and Tactile) and writing of letters
  - New Words: Wing, Smoke, Fuel, Street Light, Ferry, Crash, Signal, Runway, Deck, Launch, Take-off, Flight, Cruise, Ride, Journey and Rash
  - Orals: A to Z
- ❖ Communication: Discussion on parts of a vehicle
- ❖ Picture Reading on types of transportation

### Dance and Movement

- ❖ Robotic Dance
- ❖ Performance

### Drama

- ❖ The Boat man and the Wiseman

### Suggested field trips

- ❖ Metro Station
- ❖ Bus Station

### Sensory and Motor Development

- ❖ Water play with toys
- ❖ Hot air balloon using button pasting on clouds and sky
- ❖ Making shapes with sand
- ❖ Making signal signs

### Values

- ❖ Courtesy—Using Please/ Thank You/ Sorry/ Welcome

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- ❖ Walking Straight
- ❖ Walking in a Line
- ❖ Side Walking
- ❖ Bending Down
- ❖ Twisting Sideways
- ❖ Stretching
- ❖ Crawling
- ❖ Hopping on Both Feet
- ❖ Hopping on One Foot
- ❖ Skipping without Rope
- ❖ Bending Sideways
- ❖ Stomping with Both Feet
- ❖ Jumping with Both Feet
- ❖ Bending Down and Touching the Toes
- ❖ Throwing Ahead
- ❖ Throwing Overhead
- ❖ Pushing the Wall
- ❖ Pulling the Toy

### Stories

- ❖ The Boatman and the Wiseman
- ❖ Friends and the Bear
- ❖ The Sky is Falling

### Hymes, Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One Two Buckle My Shoe
- ❖ Clean-Up Song
- ❖ Row, Row, Row Your Boat
- ❖ Red Light Red Light
- ❖ Choo Choo Train
- ❖ Wheels on the Bus



# SYNOPSIS OF THE THEME: COLOURS OF THE WORLD

## Mathematics

- ❖ Introduction of :
  - Numbers: 18, 19 and 20— Tracing (Air and Sensory), One to One Correspondence
  - Colour: Brown
  - Opposites: Front and Back
  - Concept of Matching
- ❖ Playing with Play Dough
- ❖ Playing with Tangrams

## Stories

- ❖ Gulliver's Travels
- ❖ The Thirsty Crow
- ❖ The Two Pots
- ❖ The Wolf and the Crane

## Life Skills

- ❖ Environmental care : I treat animals with respect and care

## General Awareness

- ❖ My Planet Earth
- ❖ The Planet I Live In
- ❖ I Live in Asia
- ❖ Our National Flag
- ❖ Our National Symbols: Birds and Animals
- ❖ Our National Symbols: National Flower
- ❖ Our National Symbols: National Fruit
- ❖ Wonders of the World
- ❖ Our Festivals: Christmas, Holi, Eid, Gurupurab, Dussehra, Diwali

## Digital Readiness

- ❖ Screen time Awareness

## Sensory and Motor Development

- ❖ Playing with Colours
- ❖ Making Shape: Rectangle

## Rhymes, Chants and Songs

- ❖ Good Morning Song
- ❖ Making-a-Line Chant
- ❖ God's Love
- ❖ Thank You God
- ❖ ABC Song
- ❖ One Two Buckle My Shoe
- ❖ Clean-Up Song
- ❖ A-Tisket, A-Tasket
- ❖ Bits of Paper
- ❖ चुनू मुनू
- ❖ London Bridge



## Language and Literacy

- ❖ Introduction of:
  - Letters: Y and Z—Phonic Sound, Letter Recognition, Tracing (Air and Sensory)
  - New Words: monument, costume, travel, porter, suitcase, backpack, museum, chopstick, camera, postcard, island, safari, igloo, carnival, hotel and tourist
  - Orals: A to Z
- ❖ Communication: Discussion on the festivals of India
- ❖ Picture Reading on Seven Continents
- ❖ Circle the Odd One Out
- ❖ Matching Letters to Objects

## Visual Art

- ❖ Windows to the World
- ❖ Making a Rangoli
- ❖ My Chinese Lantern
- ❖ Planet Earth (take-away)
- ❖ My Passport (take-away)
- ❖ Making Your Own Currency (take-away)
- ❖ My World Map (take-away)
- ❖ Diwali Paper Lantern (take-away)

## Warm Up

- ❖ Catching the Ball between Hands and Chest
- ❖ Tilting Neck Sideways
- ❖ Shoulder Popping
- ❖ Galloping
- ❖ Swinging Arms Clockwise and Anticlockwise
- ❖ Catching with Both Hands
- ❖ Jumping with Both Feet
- ❖ Taking Big Steps to Move Forward
- ❖ Taking Small Steps to Move Backward
- ❖ Jumping Forward with Both Feet
- ❖ Taking Small Steps to Move Forward
- ❖ Climbing Up
- ❖ Climbing Down
- ❖ Kicking
- ❖ Balancing on Beam
- ❖ Tiptoeing
- ❖ Rolling Arms Clockwise
- ❖ Rolling Arms Anticlockwise

## Drama

- ❖ Gulliver's Travels
- ❖ The Thirsty Crow

## Dance and Movement

- ❖ Balloon Dance

## Yoga

- ❖ Hero Pose
- ❖ Happy Baby Pose

## Suggested Field Trips

- ❖ Children's Theatre
- ❖ Airport

## Outdoors/Indoors

- ❖ Free Water Play
- ❖ Nature Walk
- ❖ Playing with Puzzle
- ❖ Catch the Frisbee
- ❖ Rabbit Jump Race
- ❖ Chinese Whisper
- ❖ Dog and the Bone

## Music

- ❖ Sing a Rhyme of Your Choice
- ❖ Creating Music through Musical Instruments
- ❖ Body Percussions to make Music

